



JT
NEWS

THE VOICE OF

JEWISH WASHINGTON

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Celebrations



**KLINE
GALLAND**

Celebrating

100

YEARS



GENETIC SCREENING IN SEATTLE PAGE 7

INVESTMENT FROM ISRAEL PAGE 11

PAINTING THE TORAH PAGE 21



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Cultural Arts @

In addition to the Seattle Jewish Film Festival, the J offers a wide variety of arts programs, including concerts, theater performances, and lectures, so the greater Seattle community can come together to explore, enjoy, and engage in art. With the reopening of our newly renovated SJCC auditorium earlier this year, the J is proud to be an artistic home for our community.

LECTURE



GERARD SCHWARZ ON "THE ALL-STAR ORCHESTRA"

Sunday, October 19, 3 p.m.

Maestro Gerard Schwarz, Seattle Symphony's Conductor Laureate, returns to Seattle to discuss his new, public-television series "The All-Star Orchestra" and conducting America's leading symphony.

Action 2 and Van Houten Photography

THEATER



"RIPE," A JUICY ONE-WOMAN SHOW

Sunday, October 26, 3:30 p.m.

Part stand-up comedy, part bawdy confessional, actress/comedian Wendy Hammers' ("The Sopranos," "Curb Your Enthusiasm") play about rebuilding, reinventing and reinvigorating life and femininity mid-stream.

FILM



"THE JEWISH CARDINAL"

Wednesday, October 29, 7 p.m.

The true story of a French priest who struggles to navigate his dual identity as a Catholic and a Jew while mediating the construction of a convent within the walls of Auschwitz. Followed by an interfaith panel discussion, moderated by Rabbi Daniel A. Weiner and cosponsored by Seattle University Theology and Ministry.

TV



ISRAELI TV DINNER SERIES: "ARAB LABOR"

Episodes 1-5: Saturday, November 1, 7 p.m.
Episodes 6-10: Saturday, November 8, 7 p.m.

This wickedly funny Israeli sitcom, created by noted author Sayed Kashua, takes jabs at Israeli and Palestinian stereotypes. We'll see all of season four. Join us for a Middle Eastern dinner on November 1 and dessert and discussion on November 8.

THEATER



"LETTERS TO THE EDITOR" CELEBRATING 90 YEARS WRITING OUR COMMUNITY'S STORY

Sunday, November 16, 1 p.m.

Book-It Repertory Theatre's one-of-a-kind performance celebrating the 90th anniversary of JTNews and The Jewish Transcript, and bringing 90 years in print to life.

MUSIC



NISSIM IN CONCERT

Monday, November 3, 7:30 p.m.

Nissim (formerly known as D.Black) is a Seattle rapper, who after a spiritual crisis converted to Orthodox Judaism and has been showered with accolades. He is joined by local musicians and Rabbi Benzaquen ("the rabbi and the rapper"). Students groups and organizations welcome!

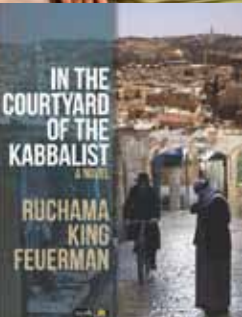
AUTHOR



RUCHAMA KING FEUERMAN

Thursday, November 20
7:30 p.m.

"In the Courtyard of the Kabbalist" was a Jewish Book Award Finalist in 2013. Feuerman's characters—Jewish and Muslim, Israeli immigrants and natives, prophets and lost souls—move through contemporary Jerusalem seeking to make connections with each other against all odds.



SEPHARDIC PREMIERE: "FLORY'S FLAME" AND LEGACY CONCERT

Saturday, December 6
film at 6:30 p.m.; concert at 7:30 p.m.

Keeper of the flame of Sephardic music, songbird Flory Jagoda (age 90), with family and protégés, takes audiences on a spellbinding, magical journey through songs and storytelling. Born in Sarajevo, Bosnia, Jagoda blends Ladino, her mother tongue, with Balkan cultural traditions. The program kicks off with a film premiere of "Flory's Flame," a new documentary about her life, followed by a concert steeped in the rich sounds of Sephardic traditions. Co-presented by the Sephardic Studies Program of the Stroum Center for Jewish Studies at the University of Washington for International Ladino Day.

MUSIC



FILM

Info/tickets at www.SJCC.org

STROUM JEWISH
COMMUNITY CENTER



ALL IN A WEEK'S NEWS

■ Crystal clear?

According to a newly released World War II U.S. Military intelligence dossier, Hitler was a hypochondriac who took more than 74 medications and was "a regular user of crystal meth." The 47-page report claims Hitler took the drug before his final meeting with Italian dictator Benito Mussolini in 1943, when he "ranted non-stop for two hours."

Source: Haaretz

■ This sukkah took .0045 seconds

Google built two sukkahs in the company's New York office, complete with an advanced video conferencing system, lava lamps, exercise balls, Lego-building stations and a live-cam showing others in sukkahs. Sukkahs were also erected in Google offices in Pittsburgh, Boston, Argentina, Dublin and its headquarters in Mountain View, Calif.

Source: The Jewish Week

■ Conflict in the kitchen

Many in Pittsburgh's Jewish community are upset with "Conflict Kitchen," a restaurant that rotates dishes "culturally unique" to nations "in conflict with the United States." The restaurant recently offered hummus, baba ghanoush, salata gazawiya, and musakhan, "the national dish of Palestine." Community Relations Council head Gregg Roman noted, "Palestine is not in conflict with the U.S.," adding, "The restaurant is stirring up conflict for the sake of trying to be relevant."

Source: The Jerusalem Post

■ Fascism in fashion

It's hard to know what Sears was thinking when it launched a swastika ring as part of its "men's punk rock style." According to the description, the chunky silver ring with a black swastika selling for \$138.90 on Amazon.com was "not for any Neo Nazi or any Nazi implication" and "going to make you look beautiful at your next dinner date." The ring is no longer listed for sale online.

—Boris Kurbanov



REMEMBER WHEN

From October 25, 1925.

Moses Janton, writing from Spokane, told of the good life of Jews in his city, their fine character, and how well they assimilate without a single instance of anti-Semitism.

JTNews is the Voice of Jewish Washington. Our mission is to meet the interests of our Jewish community through fair and accurate coverage of local, national and international news, opinion and information. We seek to expose our readers to diverse viewpoints and vibrant debate on many fronts, including the news and events in Israel. We strive to contribute to the continued growth of our local Jewish community as we carry out our mission.

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 Rabbi Yohanna Kinberg writes about how her new pulpit, which shares space with a church, serves as a gateway to peace and interfaith relations.

Sophie's discovery of the ordinary 6
 A simple graffito scrawled on a wall in Tel Aviv set the stage for understanding why it's better to be for something instead of against it.

Genetic screening comes to Seattle 7
 A program to be held next month invites all Jewish or interfaith couples looking to have children to be screened for a multitude of genetic diseases.

A high school diploma — finally! 10
 Henry Friedman survived the Holocaust, made a good living for himself and his family, and has been a leader in our community. But it took until this month for him to get his high school diploma.

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 Based on program started on the East Coast, a new class will teach Torah and midrash through art.

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 Jon Zimmerman has long represented immigrants, refugees, and the poor, the very people he expects will come before him should he win his election for a seat on Seattle's Municipal Court.

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Coming up October 31
 Five Women to Watch

Welcome, new advertisers!

Northwest Craft Alliance
 GLY Construction
 Lane Powell Attorney's & Counselor's
 Leading Age Washington
 Virginia Mason Hospital
 Washington Health Care Association
 Tell them you saw them in JTNews!

THE JEWISH COMMUNITY CALENDAR

For a complete listing of events, or to add you even to the JTNews calendar, visit jewishsound.com/calendar. Calendar events must be submitted no later than 10 days before publication.

Candlelighting times

October 17 5:58 p.m.
October 24 5:45 p.m.
October 31 5:34 p.m.
November 7 4:23 p.m.

SUNDAY 19 OCTOBER

9:30–10:30 a.m. — Journey of Judaism: An In-Depth Survey of Jewish Life and Lore
 ☎ 425-603-9677 or rsvp@templebnaitorah.org or templebnaitorah.org
 Join Rabbi David Lipper on the nearly 6,000-year journey of the Jewish people. For all levels. \$140 (includes three books). Sundays through February. At Temple B'nai Torah, 15727 NE Fourth St., Bellevue.

10–11:30 a.m. — Jewish Perspectives on Talking with Your Children and Friends about Guns
 ☎ Marjorie Schnyder at 206-861-3146 or familylife@jfsseattle.org or www.jfsseattle.org
 Learn developmentally appropriate information and engage in practical scenarios. Free. At Temple Beth Am, 2632 NE 80th St., Seattle.

10:30 a.m.–12 p.m. — An Ancient Language in a Contemporary Accent: A Course in Hebrew and its History
 ☎ 425-603-9677 or rsvp@templebnaitorah.org or templebnaitorah.org
 Learn the Hebrew alphabet and basic prayers, and look at the fascinating history of the language. Instructor: Rona Frank. Sundays through December 14. \$85. At Temple B'nai Torah, 15727 NE Fourth St., Bellevue.

3–5 p.m. — Gerard Schwarz on The All-Star Orchestra
 ☎ 206-232-7115 or saraht@sjcc.org or www.sjcc.org

www.sjcc.org
 Maestro Gerard Schwarz, Seattle Symphony's conductor laureate, discusses his new project and public-television series, "The All-Star Orchestra." \$12-\$18. At the Stroum Jewish Community Center, 3801 E Mercer Way, Mercer Island.

5–9 p.m. — AIPAC Membership Gala
 ☎ 206-624-5152 or seattle_office@aipac.org or www.aipac.org

The largest pro-Israel gathering in Washington State, featuring David Horowitz of the Times of Israel. RSVP for more information.

TUESDAY 21 OCTOBER

5:30–8:30 p.m. — Evening of Recognition: Celebrating the Lay Leadership of Seattle's Jewish Day Schools
 ☎ Samis Foundation at 206-957-8752 or amya@samis.com

Recognize and celebrate the boards of Seattle's Jewish day schools Networking, inspiration and education. At the Stroum JCC, 3801 E Mercer Way, Mercer Island.

WEDNESDAY 22 OCTOBER

5:30–7:30 p.m. — 100th Anniversary Celebration of the Kline Galland Center and Affiliates
 ☎ www.rsvpbook.com/kg100years
 Kosher picnic supper with wine, beer and cider. Keynote speaker Tom Leavitt and honoring Becky Benaroya with the Caroline Danz Lifetime Achievement Award. At Temple De Hirsch Sinai, 1441 16th Ave., Seattle.

7–9 p.m. — The Church and World Religions: The Interfaith Future of Vatican II
 ☎ www.seattleu.edu/stm/vaticanII
 Vatican II's Nostra Aetate revolutionized the Catholic Church's view of other religions. A Lutheran, Catholic, Muslim, Jew, Hindu and Buddhist will evaluate Nostra Aetate's perspective and share their view on the current state of interfaith relations. At Seattle University, Campion

Hall. Free tickets required.

7–9 p.m. — NYHS Open House for Prospective Students and Families

☎ Melissa Rivkin at mrivkin@nyhs.net
 Meet the faculty, students and alumni and learn why an NYHS education will give you an advantage for life. Free. At Northwest Yeshiva High School, 5017 90th Ave. SE, Mercer Island.

THURSDAY 23 OCTOBER

4:30–6:30 p.m. — Diaspora Jews and Israel: Challenges of Competing Loyalties

☎ rsteel44@uw.edu or jewishstudies.washington.edu/event
 Prof. Morton Weinfeld of McGill University will examine how Jews have been negotiating competing ties between a former homeland and a newer host society since the 1800s. With kosher reception honoring Prof. Paul Burstein on his retirement. At Kane Hall, Walker Ames Room, University of Washington.

6:30–8:30 p.m. — The Shabbos Project Challah Bake

☎ bit.ly/1rXw8Cb
 Preparing for Shabbat starts with freshly baked challah. Live demo by chef Leah Jaffee. With refreshments and drinks. Age 16-plus. Register online. \$18. At 415 Westlake Ave., Seattle.

7:30–8:30 p.m. — Peter Beinart on Israeli Democracy and the Ethical Responsibilities of Jewish Power

☎ bit.ly/1vsiGKn
 Political commentator Peter Beinart will address prospects for Israeli-Palestinian peace and increasing divides in the aftermath of this summer's conflict. At Hillel UW, 4745 17th Ave. NE, Seattle.

FRIDAY 24 OCTOBER

5–8 p.m. — NYHS Student-Teacher Shabbat Dinners

☎ Malka Popper at 206-232-5272, ext. 516 or mpopper@nyhs.org or www.nyhs.org
 NYHS students and teachers have Shabbat dinner together, uniting Jews all over the world. Free. Contact for location details.

5:45 p.m. — The Shabbos Project

☎ Daniel Cohen at 425-698-9907 or seattleshabbosproject@gmail.com or www.theshabbosproject.org
 The Seattle Jewish community participates in the International Shabbos Project "from sundown to stars out." At individual homes. Register for details.

6:30–8 p.m. — Secular Jewish Circle Community Shabbat Potluck and Program

☎ 206-528-1944 or info@secularjewishcircle.org
 Local author Jane Isenberg discusses her research on Jewish Seattle for her novel "The Bones and the Book," with community dialogue about Seattle Jewish history. Childcare provided. Doors open at 6 p.m. \$10. Contact for location details.

SATURDAY 25 OCTOBER

8 a.m.–3 p.m. — Parenting Class: Bringing Baby Home

☎ 206-232-7115 or saraht@sjcc.org or www.sjcc.org
 Parents learn how to gain relationship satisfaction and create healthy social, emotional, and intellectual development for their children.

Instructor: Anne Masin, MA, LMHC, child mental health specialist. Continues Sunday, 8 a.m.–3 p.m. Stroum JCC members \$170, guests \$190. At the SJCC, 3801 E Mercer Way, Mercer Island.

SUNDAY 26 OCTOBER

1–3 p.m. — Medicare 101

☎ Leonid Orlov at 206-861-8784 or familylife@jfsseattle.org
 An overview of the different parts of Medicare, what they cover and how they work. With discussion of how you can receive your benefits. Speaker is not connected with the federal Medicare program. Free. At Jewish Family Service, 1601 16th Ave., Seattle.

1–7 p.m. — Super Sunday

☎ Emily Meltzer at 206-443-5400 or emilyrm@jewishinseattle.org or www.jewishinseattle.org
 With a simple phone call, send more kids to Jewish camp, provide vital services for people in need, enrich the lives of Jews of all ages locally, in Israel and overseas, and more. At Hillel UW, 4745 17th Ave. NE, Seattle.

3 p.m. — Secular Jewish Circle Jewish Studies Group

Neal Starkman leads a discussion about Ruth Reichl's book, "Tender at the Bone." Free. At the Summit at First Hill, 1200 University St., Seattle.

7:30–9 p.m. — BDS, Israel and Us: The Delegitimization Campaign

☎ 206-723-3028 or www.BroaderView.org/Nevet
 Discussion with Nevet Basker, an independent consultant, public speaker, educator and policy adviser specializing in modern-day Israel and the Israeli-Palestinian conflict. Free. At Sephardic Bikur Holim, 6500 52nd Ave. S, Seattle.

TUESDAY 28 OCTOBER

6–10 p.m. — Hadassah Strong With Israel

☎ seattle@hadassah.org or www.hadassah.org/seattle
 Guest speaker Dr. Asher Salmon, deputy director general for Hadassah Medical Organization. Honoring Libby Weiss, North American media desk, IDF spokesperson, Northwest native. At the Bellevue Westin, 600 Bellevue Way NE.

6:30–9 p.m. — Positive Discipline: Parenting with Confidence

☎ Marjorie Schnyder at 206-861-3146 or familylife@jfsseattle.org or www.jfsseattle.org
 Facilitated by Sarina Behar Natkin. Cover strategies including: Using routines effectively, creating a wheel of choice, strengthening problem-solving skills, finding solutions together. \$25 per session. At JFS, 1601 16th Ave., Seattle.

WEDNESDAY 29 OCTOBER

12 p.m. — Tenth Annual Voices for Humanity Luncheon

☎ Karen Chachkes at 206-774-2201 or kchachkes@wsherc.org
 Celebrating the past year of Holocaust and human rights education. Exhibit space opens at 10:30 a.m. Suggested donation \$180. At The Westin Seattle, 1900 Fifth Ave., Seattle.

Northwest Art Alliance presents

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THE RABBI'S TURN

A Sukkat Shalom: One house, two faiths, sheltered in peace

RABBI YOHANNA KINBERG Congregation Kol Ami

For my house shall be called a house of prayer for all people.
— Isaiah 56:7

For the past 15 years, Congregation Kol Ami in Woodinville has shared space with the Bear Creek United Methodist Church (BCUM) — at one time out of financial necessity for both congregations, now out of a true desire to share a spiritual home with another community. Kol Ami is my new congregation. I just started to serve this small Reform congregation this past summer after having served Temple B'nai Torah in Bellevue for over a decade. I made the trip north, less than 10 miles, but what I have entered into is a completely new paradigm for how growing urban and suburban Jewish communities can survive and thrive in the 21st century.

“You Pray in a Church?”

We do not pray in a church. We pray, learn, celebrate, mourn and build community within a building that is a holy and spiritual place. The building has everything a small Jewish community could hope for — a huge kitchen, tons of parking, a youth room with a ping-pong table and sofa, a preschool room, a beautiful sanctuary, and a garden and fire pit outside. Sometimes this building is used exclusively for Bear Creek worship and programming, like on Sunday mornings. Sometimes the building is used exclusively for Jewish program and services like on Friday for Shabbat evenings and Sunday afternoons for religious school. Most of the time the building is used by both groups for meetings and classes, pastoral counseling, and opportunities to use the kitchen to help those in need. The sanctuary transforms easily from Christian spiritual space to Jewish spiritual space with the use of built-in hanging tapestries that go up and down as needed and a portable ark and ner tamid. Our building, this spiritual home used by two faiths, is a true sukkat shalom — a shelter of peace.

A Shelter for All

At this season we build temporary structures outside our homes to remember the peace and shelter provided to our people as they wandered the dangerous, complicated and unpredictable path ahead of them toward the Promised Land. Our sukkot are open. Guests are welcome. We feel the true presence of shalom, peace, not because the roof or the wall will keep us safe but because of the love, warmth and friendship we experience inside. This has been my experience in my short time as the rabbi of Congrega-



tion Kol Ami and my short time as spiritual space-mates with BCUM. The relationship is intentional. Both congregations know and understand that by coming together to share resources and to support each other we are creating tikkun — we are repairing something that has been broken in our world. We are living in mutual support, not in conflict with each other. Our world needs much more of this. The end goal is that the entire world is a sukkat shalom, that all of us live under the peace of the Divine Presence. Sharing a sacred space feels like an important step in that direction.

Practical & Progressive

We are not the only community that has made the conscious decision to co-house with other faith traditions. In Virginia, a Reform congregation shares its space with a Muslim community that required extra space during its Ramadan observances. In Germany, a recent crowd-funded design competition for one building to house Jewish, Christian and Muslim congregations, “The House of One,” is expected to be built by 2018. All over America, small- and medium-sized congregations have housed themselves in progressive churches to get their start.

Some, like Kol Ami, have decided that this relationship goes beyond the need for space. It has come to serve a much larger need: Tikkun olam, making our world a safer and more peaceful place for all.

When Jewish communities share space and build strong alliances with other faith communities, we are doing the very important work of ensuring that we have strong allies around us. Being increasingly interdependent on our non-Jewish friends and neighbors is one way we can help diminish the rising anti-Semitism all over the world. When our lives are intimately tied to those around us, and they know us and love us, we are safer from the hatred of those who do not know us and do not love us. We need allies in and among faith communities. We need righteous Christians, Muslims, Buddhists, Sikhs, Baha’i, and the many other diverse faith communities who represent the majority in this nation to be in coalition with us against forces that seek to insult, damage and destroy our ancient community.

They Paved Paradise and Put Up a Synagogue Parking Lot

And then of course, as we celebrate the harvest at this season and honor the many

LETTERS TO THE EDITOR

OTHER JEWISH VALUES

You published an op-ed written by Ms. Gown and Mr. Bridge (“Fighting extremism and tolerance in Israel and Seattle,” Oct. 3), which urged action concerning the problem of gender-segregated bomb shelters in Israel during the Gaza action. In fact, based on my research, they were referring to one outrageous incident in Ashdod that the Israeli rabbinical courts (and I’m sure the entire population) immediately denounced and ordered removed. In other words, an outlier group in one city did an unconscionable act that was denounced by all in Israel, and yet our own people need to highlight it as symptomatic of a discrimination problem, and encourage action to protect, as they said, “liberal values.” Two thoughts. One, we have enough exaggeration from the media detrimental to Israel without our own finding the proverbial needle in the haystack to denounce ourselves; and two, you would think that their “liberal values” would include a little research, and not portray a universally censured isolated event as symptomatic of a larger problem. The truth is a Jewish value.

Gregory R. Roer, Seattle

WRITE A LETTER TO THE EDITOR: We would love to hear from you! You may submit your letters to editor@jtnews.net. Please limit your letters to approximately 350 words. Letters guidelines can be found at www.jewishsound.org/letters-guidelines/. The deadline for the next issue is October 21. Future deadlines may be found online.

The opinions of our columnists and advertisers do not necessarily reflect the views of JTNews or the Jewish Federation of Greater Seattle.

gifts we receive from the earth, let us remember and take responsibility for our impact. One of the things that makes me most proud of our decision to co-house with another faith tradition is that we have significantly reduced our imprint on this planet.

Our shared space is used in the most efficient manner possible. We have one large parking lot and one medium-sized building that not only serves two faith communities, but is also used as a counseling center, for AA meetings, exercise classes, Cub Scouts groups, and a secular preschool open to all. The parking lot is also used as a park-and-ride location. The beautiful thing about sacred spaces is that they can be made holy in many different ways.

Maybe someday our community will outgrow BCUM. Maybe someday we will fall on hard times (God forbid) and need extra

support. Like our ancestors who wandered the desert looking for the Promised Land, we don’t know what the future will bring. But I know that with the partnership and love of our Christian brothers and sisters at Bear Creek, we will always know what it feel like to live in a sukkat shalom, a shelter of peace.

My hope and prayer for the entire people Israel at this season of our joy is that we strive to create space in our lives and communities to reach out and connect with good people of faith in our world. We have one planet, one house, and it is always enveloped in the wings of the Shechina — God’s protective and peaceful presence. We can make this spiritual reality manifest itself in our world each and every day by connecting and building interdependent relationships with our fellow human beings. Only good can come from making everywhere we go a sukkat shalom.

◀ COMMUNITY CALENDAR PAGE 4

SATURDAY 1 NOVEMBER

7–11 p.m. — **Jewish Tween Extreme: Haunted Havdalah**

☎ 206-232-7115 or saraht@sjcc.org or www.sjcc.org

Haunted corn maze at Stocker Farms in Snohomish. Bonfire Havdalah, giant hamster wheels, and a jumping castle. Co-sponsored by SJCC, NCSY, and BBYO. \$20. Meet at the Stroum JCC, 3801 E Mercer Way, Mercer Island.

SUNDAY 2 NOVEMBER

2–3:30 p.m. — **Jewish Meditation for the Whole Family**

☎ Leonid Orlov at 206-861-8784 or familylife@jfsseattle.org

Adults learn the benefits of meditation as a family experience, while kids do a creative project, followed by joint meditation. Led by Rabbi Olivier BenHaim of Bet Alef Meditative Synagogue. Appropriate for children 4 and up. Free. At JFS, 1601 16th Ave., Seattle.

2–4 p.m. — **Washington State Jewish Historical Society Annual Meeting and Stan Tobin Lecture**

☎ Lisa Kranseler at 206-774-2277 or lisak@jewishinseattle.org

Featuring speaker Kathie Friedman, associate professor in the Henry M. Jackson School of International Studies at the UW, and specialist in immigration and refugee studies. WSJHS board installation. \$10 suggested donation. At Hillel UW, 4745 17th Ave. NE, Seattle.

3–5:30 p.m. — **Jewish Parenting: The Early Years — Partners to Parents**

☎ Marjorie Schnyder at 206-861-3146 or familylife@jfsseattle.org or www.jfsseattle.org
Nurture your relationship and create a caring, supportive home for baby. Sundays, Nov. 2 and 9. Babes in arms welcome. Babysitting available by advance notice. \$100 per couple for two sessions. At Temple Beth Am, 2632 NE 80th St., Seattle.

5–9 p.m. — **Gala Dinner in Honor of Hazzan Isaac Azose**

☎ 206-722-5500 or ezrabessaroeth.net
Cocktails and dinner in honor of Hazzan emeritus Isaac Azose. At Congregation Ezra Bessaroeth, 5217 S Brandon St., Seattle.

“The poetry would jump out and clobber me between the eyes.”

— Artist Nancy Current, on how Biblical passages led her to create a class on creating art based on Midrash. See the story on page 21.

A transformative, yet ordinary, message

EUGENE LIPITZ *Special to JTNews*

When my daughter Sophie went to Israel, one moment for her seemed a profoundly transformational experience. It wasn't seeing the Western Wall or the huge variety of Jewish people so different from her own experience. It wasn't even going to a venture capital meeting with her father to learn about the incredible ideas and actions coming from Israelis to make this a better planet. It was seeing some scrawled graffiti on a wall in the old port of Tel Aviv. It read, "Am Yisrael chai." She asked Israeli friends what this meant.

"Oh, it's just some punks making a mess."

Yes," she persisted, "but what does it mean?"

"Well, it sort of means, 'Israel lives' or 'Israel is life.'"

My friend told her this as if a fundamental belief in one's own country by young people were the most ordinary occurrence.

Sophie knew otherwise. Her own friends are almost always predictably against their own country's actions, nearly always take the other side in a conflict between their own country and another — especially so when one party is perceived as weak.

This response began a long journey for her philosophically, ethically and as a human being. I think she ultimately decided it was better, stronger, happier,

and more effective to be for something than against it.

Earlier this year, several Jewish organizations sponsored a discussion of the boycott, divest and sanction campaign, a campaign that is against something, that something being Israel. BDS seeks the destruction of Israel and is indifferent to the awful fate of its inhabitants should that occur. Norman Finkelstein, a profoundly anti-Zionist thinker and activist, calls BDS intellectually dishonest because, while they try to frame their campaign as defending justice for Palestinians, it is clear that their policies seek the destruction of Israel.

The hatred is so transparent that most on the left and right both at a large, recent, local community co-sponsored by such diverse organizations as J Street, New Israel Fund, Federation and AIPAC said that BDS did not have a place at our community table. Nearly concurrently, an overwhelming vote at the UW student senate to reject divestment of Israel as a recommended policy of student government and an even stronger action taken by Western Washington University and the University of Oregon within states considered very critical of Israel, emphasized that BDS is outside our community's values.

It did not signal that criticism of Israel is illegitimate — hardly. The debate here

of Israeli governmental policy may not approach the fervor within Israel itself, but there are many viewpoints, few of which go unexpressed — and rightly so.

Nevertheless, it is easy to imagine viewpoints that have no place in our community. Indeed, the revival of the blood libel recently seen (and the event even praised by certain city council members) in weekly demonstrations in downtown Seattle sadly make it unnecessary to use one's imagination. The darkness is here in our fair city.

The Jewish community that is part of the greater community must therefore decide: Does any group that seeks the destruction of the State of Israel and the almost certain death or expulsion of many millions of our Jewish brother and sisters who call Israel home, belong as part of our dialogue, our values?

If not, then be on the lookout for attempts in the future to rehabilitate BDS's reputation in our community. While there are some who are angered that their friends and congregants who are BDS supporters now may feel like outsiders, it is right to say to them that we can love the sinner and hate the sin — words of hateful fratricide will not be tolerated.

I think this community recently reaffirmed what even the hoodlums of Tel Aviv

know: "Israel is life." I am proud to be part of the community that has so stridently proclaimed that simple, beautiful principle.

Eugene Lipitz is a member of Temple Beth Am and a parent of students at Seattle Jewish Community School.



COURTESY SHA

Monday, Oct. 13 was a busy day at Seattle Hebrew Academy, when students from the preschool, as pictured here, through 8th grade built and celebrated the holiday of Sukkot with lulav shaking, filling bags of grains for Jewish Family Service, and many learning programs.

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Community screening seeks to weed out genetic diseases

EMILY K. ALHADEFF Associate Editor, JTNews

For the first three months of his life, Sophie-Shifra Gold's son, Isaac, had bad reflux. Then at four months, he was diagnosed with low muscle tone, hypotonia. At the end of April this year, Gold got an official diagnosis for her infant: Canavan Disease, a genetic disorder known to affect the Ashkenazi Jewish population. The disease is progressive and fatal, and one in about 40 Ashkenazi Jews is a carrier.

"I was very heartbroken and cried for two weeks straight," Gold told JTNews via email. "After the two weeks of being in grief, I was determined to find the moral support for myself and my family."

Along with attending her first Canavan fundraiser this year, Gold is spreading the word about the importance of genetic testing, particularly about Seattle's first community screening on November 16 at Hillel at the University of Washington.

The screening consists of a brief counseling session and simple blood test, at the low cost of \$25 with insurance. (Individuals without insurance coverage may contact the organizers for options.) Everyone

considering children between the ages of 18 and 50 is encouraged to attend, including interfaith couples, Jews of Sephardic and Persian descent, and individuals with as few as just one Jewish grandparent.

If you go:

"You and Your Genes," a Seattle community screening for the prevention of Jewish genetic diseases, takes place Sun., Nov. 16 from 11 a.m. to 4 p.m. at Hillel at the University of Washington, 4745 17th Ave. NE, Seattle. To register for a time slot and get more important details, visit bit.ly/1pcBbeD.

According to publicity materials, one in four Ashkenazi Jews carry at least one of 19 Jewish genetic diseases, and one of three Sephardic and Persian Jews carry at least one of eight.

The genetic testing lab Progenity is conducting the screening, and Dr. Orly Steinberg, an OB/GYN in Mill Creek, serves as

the lab's medical liaison to sign off on the tests.

"Out in Mill Creek there aren't that many Jews, but you start asking people, [and they'll say], 'Oh yeah, my grandma was Jewish,'" said Steinberg. "That's where we need to be as physicians in terms of

screening. If they have even one grandparent they could be a carrier. If they're positive, then you end up testing the spouse."

Neither Gold nor her partner have fully Jewish genetic heritage, but both

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Helping people survive and helping people sleep

DIANA BREMENT JTNews Columnist

1 Steve Schwartz initially emailed me to say he's "a Member of the Tribe who has found himself living and working with plenty of different tribes." He might be referring to moving around a lot in the Midwest as a child before his family settled in Syracuse, N.Y., but he might also mean his work as co-founder and director of external relations for the nonprofit Upaya Social Ventures.



M.O.T. Member of the Tribe

"Not all your neighbors are going to be just like you, and that's a good thing," is the message he got from his dad, who is from Ohio, and his

mom, who spent the majority of her childhood in northern Mississippi. "That advice has had a lot to do with the course my life took."

Steve and his wife Jaren met as graduate students at Boston University, where they were getting master's degrees in international relations. They wound up working in New York, Steve in public relations for private equity and hedge funds and Jaren at UNICEF headquarters. When Jaren was advised to get some international experience, she

signed up for the Peace Corps. Unbeknownst to her, though, Steve had just bought an engagement ring. And so the newly engaged couple was off to West Africa.

"It was a great opportunity to expand horizons," says Steve of working in a small town in Benin, where he served as a business adviser to local farmers and tradesmen. Having trained when Benin was a Com-

munist country under Soviet influence, they didn't "have a sense of how to turn [their work] into a true business."

He also got his first microfinance experience there with a group of women who started a savings and loan association. "It started as a hobby...a fun thing that happened every Tuesday morning," he says, and turned into a viable operation.

Steve then went to do public affairs work for the non-profit Unitus (which has since folded), where he met Sachi Shenoy and Sriram Gutta. "They were working on something called the Ultra Poor Initiative, a program that truly understood the nuance of poverty," says Steve.

India has 400 million "ultra-poor" citizens, people too poor to be eligible for microfinance. Mostly unskilled, they work primarily as day laborers in construction or agriculture.

When Unitus closed its doors, Sachi approached Steve about starting a new organization with Sriram that would focus on helping the ultra-poor. With teams in Seattle and India, Upaya has built "six businesses that are collectively employing 1,200 people in northern India...one of the poorest areas in the world," through its LiftUP Project, says Steve.

One of their most successful ventures is Tamul Plates, which employs over 500

people in the Northeast state of Assam. A network of affiliated groups in this tribal region makes disposable plates and bowls from palm leaves (see more at www.upayasv.org). Caterers at Benaroya or McCaw Halls often use plates like these, which are compostable and chemical free, yet hold hot liquid for hours.

When he's not working — and Steve has long days necessitated by the time difference between here and India — he and Jaren are "pretty avid sailors" who keep a boat at Portage Bay. They try to get out on Lake Washington as much as possible and hope to train their seven-month-old Newfoundland puppy to go out on the boat, too. (If you're wondering, the dog already weighs 100 pounds — on his way to about 175 — and the owners drive a small sedan.)

2 "People continually struggle with their energy their brains and their sleep," says Sondra Kornblatt.

We last spoke when she published her "Restful Insomnia" book (M.O.T., March 12, 2010). Now she's left her day job in corporate communications at Group Health to pursue this passion full time. "I wanted to work on work I liked," she says, and with her two kids in college she had more time




COURTESY STEVE SCHWARTZ

Steve Schwartz, working alongside his colleague Jyotsna in Bangalore in 2014.


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Want to prevent suicide? Try some of that good, old-time religion

JANIS SIEGEL, JTNews Correspondent

As Jews worldwide welcome the New Year with prayers to be entered in the “eternal” Book of Life, Israeli scientists at Tel Aviv University found that religious observance in the lives of teens may play a significant role in preventing suicide in those who are depressed.

In a first-of-its-kind 2014 research study by the Sackler School of Medicine and the Clalit Health Service’s Geva Mental Health Center, the team is now the only group to date, according to Drs. Ben Amit and Gal Shoval, to study suicide in Jewish adolescents ages 14 to 17.

Published in late June in the journal “European Psychiatry,” TAU doctors found that adolescent religious involvement lowered suicidal behavior, including suicide attempts, by 45 percent, as compared to their non-religious peers.

The researchers associated the significantly higher numbers with the Jewish prohibition against suicide and its emphasis on community involvement.

“We have no data regarding past diagnoses, family history or psychiatric treatment, nor substance use,” Amit told JTNews when asked if the study screened for these common risk factors for adolescent suicide. “It is an important limitation which we discussed. However, we did assess current depression.”

September was Mental Health and Suicide Prevention Month in the U.S. Professionals want to increase education by making the concern over mental health as important as physical health. They also want to caution that mental health and mental illnesses are conditions that may not be generally understood by the public.

In the U.S., suicide takes nearly 30,000 lives a year. That is just over 1 percent of deaths, according to the National Alliance of Mental Illness.

However, NAMI reported, over 90 percent of all suicides in the United States had been diagnosed with mental illness. Many, it said, reported drug use, previous mental health therapy, mental illness or depression, or a family history of mental illness or suicide.

But religious practices, according to the TAU study, are shown to be a deterrent in suicide worldwide. This might be a factor in Israel’s history of suicide.

“Israel’s suicide rate...is consistently among the lowest in the developed world,” wrote Amit in the study.

“For many of these teens, suicide is simply about losing hope,” Shoval told TAU staff. “We know from working with suicide survivors that even when they were 99 percent sure they were going to kill themselves, they still sought help.”

In this research, the team recruited 620 Jewish subjects distilled from the original



ISRAEL:
To Your
Health

subject group of 957 multi-religious 14- to 17-year-old adolescents interviewed in the 2010 Israeli Survey of Mental Health Among Adolescents study from the Israeli Health Ministry.

The 620 teens were interviewed separately, but at the same time as their mothers were interviewed, in the subjects’ homes. All reported their religious status as Jewish.

Due to low ultra-Orthodox participation in the original study, this group was included

in the religious category. One other group, the non-religious category, was identified for the study. In the two groups, 373 identified as religious and 247 identified as non-religious.

The subjects were evaluated for “self-injurious thoughts and behaviors” and depression using standardized survey research tools.

In addition to not considering the range of mental health diagnoses in the study survey, however, it also did not ask subjects about previous suicidal ideation and suicide attempts, which are strongly associated with completed suicide.

In the U.S., the National Alliance of Mental Illness reported that nearly 1 million Americans are treated for suicidal thoughts, behaviors or attempts at suicide, and that they are the most common psychiatric emergency requiring immediate intervention.

TAU researchers also admitted to several other areas in the study that were not addressed, such as not having a breakout for male and female responses, a small sample size, and having no articulated definition for religious or non-religious.

The team found, however, that Israeli youth did not identify depression to be strongly associated with suicidal thoughts, whereas previous studies showed that a majority of Christian adolescents did.

Still, Amit concurs that community involvement and religious organizations may play a significant role in decreasing the suicide risk.

“Religiosity may exert its effect directly, by suggesting an alternative ‘way out’ of distress or by the religious objection to suicide, or... by increased social support by religious community and establishments,” concluded Amit.

This study is the first of many more, he hopes, that will confirm religion’s protective mental health effect on adolescent youth.

“Religiousness and spirituality are associated with a warm interpersonal style, gratitude, compassion and emphasis on positive relationships with others,” he said.

Longtime JTNews correspondent and freelance journalist Janis Siegel has covered international health research for SELF magazine and campaigns for Fred Hutchinson Cancer Research Center.

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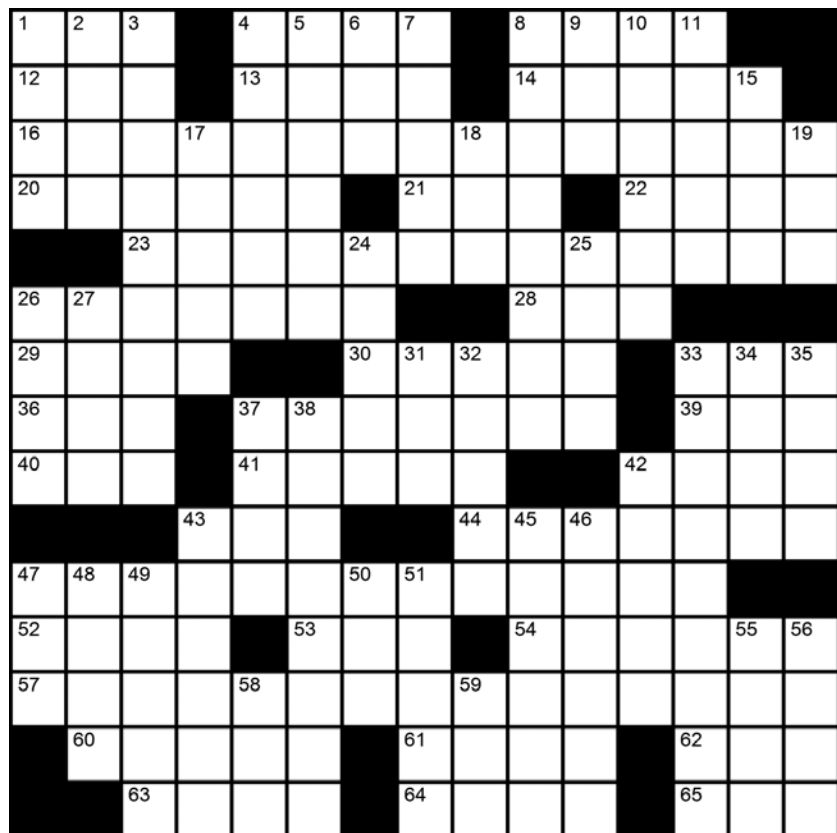
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Go Home Again

by Mike Selinker



Regardless of your trials, you can indeed go home again. The Israelites returned after exile in Egypt, despite the difficulty of getting out and getting home. This process is called repatriation, and it is often the right thing to do after years abroad. This grid contains five people who, for very different reasons and with very different results, returned to the lands of their birth.

- | ACROSS | DOWN |
|---|---|
| 1 "Zip-a-Dee-Doo-___" | 1 Outflow site |
| 4 Command to Fido | 2 1992 Sportsman of the Year Arthur |
| 8 Command to Silver | 3 Nuts |
| 12 Employment | 4 Honor, militarily |
| 13 Faux-Asian phrase evoking enlightenment | 5 Decorated in a particular style |
| 14 J-pop singers, often | 6 Jerk |
| 16 He left France for England in 1940 and returned in 1944 | 7 Alpine call |
| 20 Latin hymn of praise | 8 Real-time film of 1952 |
| 21 Outdated suffix for verbs | 9 Acclaimed 2013 Polish film about a nun |
| 22 Ending that makes a noun | 10 Teens, say |
| 23 She left Australia for England in 1997 and returned in 2006 | 11 Stan's partner |
| 26 Genre familiar to Wes Anderson and David E. Kelley | 15 Where a coin goes |
| 28 Toodle-___ (farewells) | 17 Stacks of paper |
| 29 Insult | 18 Greek letter |
| 30 Board, as a ship | 19 Treebeard, for one |
| 33 Singer Scaggs | 24 "I swear" |
| 36 CGI extra in a 2014 sequel | 25 The Viet ___ |
| 37 He left China for the US in 2002 and returned in 2011 | 26 June commemoration |
| 39 Dictator Amin | 27 Like some bananas |
| 40 "Leave It" band | 31 British record consortium |
| 41 Erased | 32 Like some waves |
| 42 What exfoliants cleanse | 33 Brazilian, for example |
| 43 Fleischer who live-tweeted the 9/11 events 13 years later | 34 The All-Father, in mythology |
| 44 Easing up | 35 Panache |
| 47 He left Russia for Switzerland in 1900 and returned in 1917 | 37 Slavic form of "George" |
| 52 Per | 38 Works for Studio Ghibli, say |
| 53 Tennis star | 42 Noted bassist |
| 54 Bygone Seattle squad | 43 Stick |
| 57 He left the US for France in 1921 and returned in 1928 | 45 Next to |
| 60 Home up high | 46 Name like Jane Doe |
| 61 Disney doggie | 47 Nickname for <i>Orange Is the New Black</i> antagonist Yvonne Parker |
| 62 Tagg Romney's mom | 48 Croft of video games |
| 63 Rec rooms | 49 Afflicted with pimples |
| 64 Acronym for an MIT grad's educational fields, perhaps | 50 I in the Rhineland |
| 65 New wave band with the line "all crossword puzzles well I just shun" | 51 Has one's head spin |
| | 55 Macklemore and Ryan Lewis's "___ Hold Us" |
| | 56 Harmonize |
| | 58 Preacher's proscription |
| | 59 Dojo item |

Answers on page 27

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Edited by Mike Selinker and Gaby Weidling. Crosswords of Wisdom, 1538 12th Avenue, Seattle, WA 98122

86-year-old Holocaust survivor honored with high school diploma

DAN AZNOFF JTNews Correspondent



DAN AZNOFF

Henry Friedman shows off his high school diploma at the offices of the Kent School District.

It's never too late to finish high school. Henry Friedman had barely become a teenager when he was forced to hide in the confines of a cramped farmhouse attic. To escape the Nazi reign of terror, the young Friedman spent 18 silent months near the border between Ukraine and Poland with his parents and a former teacher in a space he remembers as no larger than a queen-sized bed. The foursome survived on scraps of food smuggled to them by the daughter of the farmer who owned the barn.

Seventy years later, he can still recall witnessing friends and neighbors being shipped off to perform forced labor in concentration camps. He can recall the heart-wrenching details of smuggling himself out of the barn one night to bury the body of his newborn sister. That tragedy, however, was followed by a story-book life of prosperity in America, and Friedman has shared that story in a self-published book titled "I'm No Hero," as well as with students across Washington State for more than 20 years.

When Kent School District officials learned that their frequent guest had always regretted not earning his high school diploma, the school board voted to present him with an honorary degree. Pat Gallagher, Friedman's long-time friend and a teacher and administrator in the Kent school system, coordinated the ceremony.

In addition to receiving his diploma on Oct. 8, the octogenarian served as commencement speaker for the fall graduation ceremonies held at the district offices.

"My dream of becoming a lawyer disappeared overnight in 1941 when the Germans put barbed wire to surround the town of Brody to create a Jewish ghetto," Friedman told the four other students in

his graduating class and the small crowd that gathered at the school district office. "If somebody had told me that someday I would be in America, I would have told that person, 'Just give me a full stomach before I am killed.'"

Friedman was hospitalized for malnutrition and dehydration after Russian soldiers liberated him from the barn. The teenager was one of fewer than 100 Jews from a population of 10,000 in Brody to survive the war.

He eventually made his way across the Atlantic to Boston and boarded a train in 1949 for his new home in Seattle. Less than two years later, he was drafted and fought as an American soldier in Korea. But Friedman has always regretted not completing his formal education.

"When I was going through the graduation of my children from high school to college and my grandchildren, I always felt a little emptiness," he said.

Following the intimate ceremony, Friedman explained how determination and his religion helped him survive his captivity above the barn. He said he was motivated by the strength of Jews throughout history who had been persecuted purely because of their faith.

Friedman's high school graduation comes three years after he was called to the Torah to become a Bar Mitzvah at the age of 83. In his life as an American, he played an instrumental part in the creation of the U.S. Holocaust Memorial Museum in Washington, D.C., and is one of the founders of the Washington Holocaust Education Resource Center.

The center's new building and museum, the Henry and Sandra Friedman Holocaust Center for Humanity, is set to open early next year in downtown Seattle. In addition to being his friend, Gallagher serves on the Holocaust Center board with Friedman. Gallagher said Friedman has been an inspiration since they first met 20 years ago.

"It's impossible for me not to cry regardless of how many times I've heard his story," Gallagher said. "Henry has been generous with his time for numerous causes, but I've seen first-hand the impact his words have on the middle school and high school students he visits each year."

The story of his confinement was especially poignant to 19-year-old Mandi McGowin, who heard Friedman speak to her class last year at Kent Mountain View Academy.

"I suffer from Tourette's syndrome and could not imagine being forced to lay completely still for day after day," said McGowin, who attended the graduation with her family. "I would have been discovered and killed for sure. Mr. Friedman is a precious gift who has come into my life. I am grateful and inspired by him every day."

Israeli company seeks to bring venture dollars to Northwest

JANIS SIEGEL JTNews Correspondent

It takes one to know one, goes the popular saying.

This year, it took CEO Jon Medved's Jerusalem-based global venture capital equity crowdfunding platform and startup, OurCrowd, to launch its first startup IPO on the NASDAQ, ReWalk Robotics, and the first company of its kind ever to do it, according to Medved.

OurCrowd allows any accredited investor with as little as \$10,000 to invest in companies like ReWalk or any of the 52 companies it currently supports. To date, it has raised \$75 million.

"This offering marks the first time an equity crowdfunding platform has accompanied a company over the full cycle, from venture funding through to an IPO on a major U.S. exchange," said Medved, who lives in Jerusalem, in the OurCrowd announcement. "Moreover, it is truly gratifying to invest in successful companies that dramatically change people's lives for the better."

Israel's ReWalk has developed motorized legs run by a patented tilt-sensor system and an onboard computer that functions as a walking aid for paraplegics and people with spinal cord injuries.

ReWalk was "incubated" at the Technion Institute of Technology and was one of the innovations viewed by President

Obama during his trip to Israel last year.

But if you missed the opportunity to hit it big this time — don't worry. There are hundreds more startups discovered by OurCrowd, which analyzes more than 200 per month and invests its own money into the "chosen ones."

"The big story here is the democratization of finance," OurCrowd vice president of the Americas Audrey Jacobs told JTNews during a visit to the Northwest in mid-October. "What equity crowdfunding is doing is aggregating capital and allowing individual investors who've never had access before to early-stage tech companies to have access."

Three hundred of the largest global multinational corporations have now set up research and development centers in Israel, Jacobs said.

Even Apple recently opened its first duty-free retail location in Israel at Ben-Gurion airport, according to the Algemeiner.com news site.

OurCrowd allows accredited investors to invest up to \$1 million and take what could be the financial ride of a lifetime. Out of the array of startups it evaluates, OurCrowd selects roughly 2 percent of them and generally adds \$1 million of its own money along with some of the largest corporate investors in the world.

"We have 6,000 accredited investors who are registered in our platform from 54 countries," said Jacobs. "I was able to hire a team in New York, open an office in Chicago, and hire a team for Latin America."

OurCrowd partners are constantly trolling the technology landscape around the world and from every sector in Israel, said Jacobs, but they are particularly focused on the universities and the military there for new and innovative technologies with commercial potential.

According to its own figures, 50 percent of OurCrowd's capital comes from the U.S., 10 percent from Israel, and the other 40 percent from investors throughout the globe.

"Australia is very strong," said Jacobs. "South Africa, Eastern and Western Europe, we're growing significantly in South America, and we're doing a lot of co-investing with Asian investors."

Jacobs was in Seattle looking to expand OurCrowd's reach into what she called a "very important startup ecosystem."

With the help of Medved's deep and wide connections in the Northwest, particularly from his brother, nationally



COURTESY ARGO MEDICAL TECHNOLOGIES

A man demonstrates the ReWalk apparatus funded by OurCrowd.

syndicated radio talk show host Michael Medved, several technologies here could be

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A look back at what Kline Galland was, and now is

JOEL MAGALNICK Editor, JTNews

When the Caroline Kline Galland home first opened on the shores of Lake Washington in 1914, the ramshackle farmhouse held seven inmates, as they were called, all of them poor, infirm, single Jewish men with no other place to go.

“It is my desire that the home be so constructed and managed that it may bring to the lives of the aged men and women who shall be domiciled therein the greatest degree of contentment and happiness in their declining years,” wrote Kline Galland in her will, which, upon her death in 1907, set in motion the wheels that would become the institution that celebrates its 100th anniversary this year.

These men — women would be admitted later — were required to help with the building’s upkeep and to adhere to a strict set of rules that included who could visit and set times for when the lights must be turned out in the evening. Should the “inmates” break these rules, they’d be summarily removed. And

where would they go?

“They could care less,” said Josh Gortler, the Kline Galland’s now-retired CEO, of the matrons who ran the facility.

Gortler, who now manages the Kline Galland’s endowment from the 10th floor of the Summit at First Hill, the independent and assisted-living facility that opened in 2001, arrived in Seattle in 1968 to lead the organization and serves as its de facto historian.

While Kline Galland has always strived to live up to the wishes of its first benefactor, it was not always easy. In the late 1920s, a zoning request to expand to 25 residents resulted in a case that went all the way to the U.S. Supreme Court, which sided with Kline Galland. By the end of the

1940s, the number of beds had reached 45, but it soon became clear that its original mission of housing the poor and infirm would need to change to suit the community’s needs.

“What happened if you had money?” asked Gortler. If “you had a house or you had any possessions, you had to give it to

the trust” that managed all of the finances of the agency.

In the 1950s, a consultant working with the advisory board recommended a new facility and a move in the direction the rest of the nation was going with nursing care: Less custodial, and more social work and psychiatric intervention.

“The recommendation was that there needs to be a new facility to move into from this sheltered home,” Gortler said, “into a more progressive approach for caring for the elderly.”

The state agreed. In 1960, licensors called Kline Galland “an antiquated, inadequate facility,” according to their report, and refused to renew its license. After pushback from the Jewish community, plus the launch of a \$1.1 million capital campaign, the home stayed in place and a new, modern 70-bed facility opened in 1967.

Spearheading that effort was local businessman and philanthropist Sol Esfeld, whose mother had been a long-time resident of Kline Galland.

Any resident of the nursing facility today can recall Esfeld’s name — it graces the wing that made up the expansion after the new facility quickly filled to capacity.

“The impact of the home is so wide-

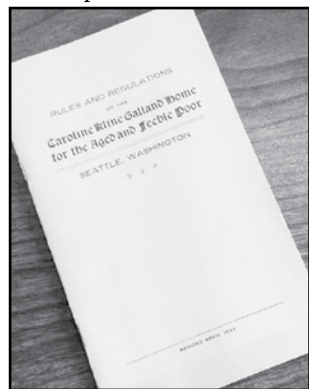
spread that nearly everyone in our community will be touched sooner or later,” said Esfeld, who also led the \$3.6 million expansion campaign that brought Kline Galland’s capacity to 140 beds.

Esfeld is also the man who first invited Gortler to move to Seattle to become the agency’s new director. Gortler, a Holocaust survivor, had at the time been working for an organization in New York that served refugees. A staffer at the United Way in Seattle “discovered” Gortler when he presented a paper on “serving elderly people in a new type of a setting, combining housing and recreation and social services,” he said.

United Way courted Gortler, but he turned them down. A member of that hiring committee tipped Esfeld to Gortler’s ideas and the two met at a hotel in New York. Gortler agreed to a two-year commitment — after being approved by both the Kline Galland advisory committee and Seattle Trust, which still managed the finances — and “apparently things did work out, and I’m here, 45 years later,” he said.

The Kline Galland that Josh Gortler came into — 70 residents, a \$250,000 budget, hardly any administrative staff

► PAGE 23



JOEL MAGALNICK

A copy of the revised rules that governed the “inmates” of the Kline Galland home a century ago.

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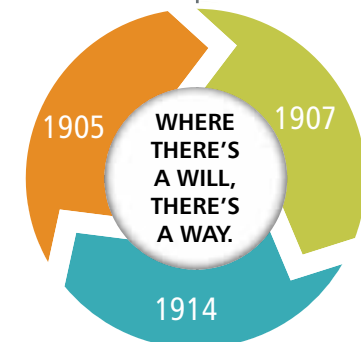
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100 YEARS of THE KLINE GALLAND

1905: Caroline Kline Galland, wife of Bonham Galland, writes her last will and testament establishing a Jewish home for the aged.

1907: Over \$1.4 million bequest, \$34 million in 2014 dollars, is established under the trusteeship of Seattle Trust & Savings Bank and an advisory board with officers from Temple De Hirsch and the Ladies' Hebrew Benevolent Society (today's Jewish Family Service).



1914: Final deed signed to buy the Wildwood property in Seward Park (purchase price, \$22,500). Extensive remodeling begins; home opens shortly thereafter with maximum capacity of seven.

1927 / 1929 / 1930: Following years of failed negotiations with the City of Seattle and local courts over proposed construction, the validity of the zoning law goes to the U.S. Supreme Court, which enters a judgment against the city ordering it to issue a building permit. The new Caroline Kline Galland Home for the Aged is dedicated, with capacity increased to 25.

1956: Mission changes from custodial care to providing a broader concept of services that includes comprehensive social work, 24-hour professional nursing care, and psychiatric consultations.

1967: Philanthropist and community leader Sol Esfeld leads landmark \$1.1 million capital campaign to build a modern, state-of-the-art facility with a resident capacity of 70. Maximum capacity of new facility is reached within just five months from opening (instead of the anticipated two years).

The board of advisors expands to 15 members with appointees from all local synagogues, Jewish Family & Child Service (today's JFS), the Federated Jewish Fund (today's Jewish Federation of Greater Seattle) and four members at large.

1966: Representatives from Social Security meet with residents to explain the benefits under the newly created Medicare program.

1976: Esfeld leads \$3 million campaign for a 70-bed addition that doubles the home's capacity in response to the three-year wait list.

1980: Responding to the emerging socialization needs of community elderly and the respite requirements of their families, the Polack Adult Day Center opens as an endowment program of the Morris Polack Family.

1983: Arva Gray becomes the first woman President of the Kline Galland Center.

1985: Kline Galland initiates Kasher Meals-on-Wheels, an innovative senior nutrition program. By 2013, provides over 900 meals monthly in response to the evolving culturally relevant needs of seniors.

2000: The Caroline Kline Galland Home signs agreement with Group Health to set aside beds for transitional care, which allows for short rehabilitative stays.

1992: Under the leadership of Raymond Galante and Arva Gray, a \$20 million community capitol campaign is brought to successful conclusion.

2001: The Summit at First Hill, a senior retirement and assisted-living community for up to 150 residents, opens on First Hill just east of downtown Seattle.

2006: The Kline Galland Center Foundation, with Joshua H. Gortler as president, is created to help secure the financial future of the Caroline Kline Galland Home and evolving health care services. Jeff Cohen appointed chief executive officer.

2009: Kline Galland receives a certificate of need from the state to initiate hospice, the first Jewish service of its kind in the Pacific Northwest.

2009: Second short-term rehabilitation unit opens, expanding capacity to 65 beds, which makes Kline Galland the largest rehab unit in Washington State.

2013: In addition to launching palliative care, Kline Galland commences its Medicare-certified home health agency, which serves community members throughout King County. Kline Galland Community-Based Services consolidates palliative care, hospice, home health and home care under one umbrella.

2014

2014 budget is \$37 million—supported through private cost of care, Medicare, Medicaid, the Kline Galland Trust and grants from the Kline Galland Center Foundation, which is supported through community contributions.

Over 2,000 people are now served each year as The Caroline Kline Galland Center continues to evolve its services in response to the quality-of-life desires and quality-of-care needs of today's seniors.

Special thanks to Dick Rosenwald for his assistance with building this timeline.

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LeadingAge Washington's CEO Deb Murphy and its Board of Director's Chair Larry Foss, congratulate Caroline Kline Galland on celebrating and serving their community for 100 years. Over this century of caring, Kline Galland has touched the lives of multiple generations of older adults and truly made an impressionable difference in the Jewish community and beyond. Few can claim such accolade, we are proud to stand beside you!



Kline Galland at 100: Setting the direction for its second century

JOEL MAGALNICK Editor, JTNews

The day I walked into the Summit at First Hill to chat with Jeff Cohen, CEO of the Kline Galland and Affiliates Jewish senior service organization, the atmosphere was nothing like the image of the dank, infirm life I had of the Kline Galland's first days in an old farmhouse in Seward Park. The lobby bustled with residents, their visitors, and the occasional caregiver. As I sat with Cohen in the conference room, we could hear in the background two special guests: Members of the Seattle Opera who had come in that afternoon to give a performance.

If that's the reality of the few hundred who live in the Summit's 12-story tower, or a few miles south at the Kline Galland nursing facility in Seward Park, the real expansion over the past decade for the Jewish seniors' organization has been not in physical structures, but in services ranging from home care to pain management to dying with dignity.

It's what Cohen and outgoing board president Mark Kane call the "continuum of care," and it's what will keep Kline Galland relevant in the coming decades.

"Being in a position to provide the level of care to the elderly at all stages, from independent living to hospice, or full-scaled nursing, is wonderful that all of that can happen in a Jewish environment,"

Kane said.

As the Kline Galland celebrates its 100th anniversary, Cohen sees his organization as one that's on the vanguard of helping seniors as they age, whether it's on his turf or theirs.

"We're trying to meet the community's needs in a different way — not so much with bricks and mortar, but with programs that people want and need, and also that the government is guiding providers to provide," Cohen told JTNews. "To survive in this very dynamic health-care environment, you need to change, and luckily we've had a board that's very supportive and open and amenable to providing change that the community wants and needs."

This care for seniors across the spectrum has resulted in an increase of services on multiple fronts in the past eight years:

- A doubling of the number of beds in the transitional care unit, which provides short-term rehabilitation for post-operative seniors, making it the largest in the state.
- Establishment of a palliative care unit, a home-based service that provides pain management care for the chronically ill.
- Creation of the only Jewish hospice service in the Northwest, offered in either of the Kline Galland's facilities or off-site.

- A home-health agency that provides nursing care "to make sure the quality follows the patient home," Cohen said, which applies to about 95 percent of the patients discharged.

- Expansion of the home-care program, where nurse's aides help patients at home with bathing, dressing, medication reminders and more.

All of these programs, Cohen said, grew from the operating budget and are now self-sustaining.

With the arrival of the Affordable Care Act, known more familiarly as Obamacare, Cohen said Kline Galland had already been working to build up what the act embraces: "Giving appropriate care at the appropriate level for the appropriate cost," he said.

In particular, Cohen referred to hospital readmissions, even if the readmission has nothing to do with the original ailment.

"The hospital's going to be penalized," Cohen said. "So the hospitals are really focused on partnering with places that could help prevent those readmissions and give really good care after they discharge the patient."

These programs save hospitals and the state or federal government money, which keeps Kline Galland in the loop to continue to provide its services. But with the

If you go:

A celebration of Kline Galland's 100th anniversary takes place Wed., Oct. 22 at 5:30 p.m. at Temple De Hirsch Sinai, 1441 16th Ave., Seattle, and will honor longtime benefactor Becky Benaroya. Registration costs \$25. Contact 206-652-4444 or visit www.klinegalland.org to RSVP.

creation of these services came a change in mission: Kline Galland no longer serves just the Jewish community.

For one thing, "it's the law," according to Cohen. "If you take Medicaid and Medicare dollars, you have to serve everybody." For another, to be able to scale these services, the Jewish community here is just not big enough to justify the cost structure.

"[It] is wonderful for us to be in the position to provide those services with a Jewish touch to the greater community," Kane said.

The irony, however, is that with people coming in for weeks instead of years, "we're serving significantly more of the Jewish community than we ever have before," Cohen said.

► PAGE 23



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COMMUNITY CONNECTIONS

Community Campaign grant applications due November 20

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Grant applications are due on Thursday, November 20, 2014. Grants will be awarded for the fiscal year that runs from July 1, 2015 to June 30, 2016.

Every year, the Jewish Federation awards approximately \$2.5 million in Community Campaign grants for serving the Jewish

community in Seattle, Israel and worldwide.

Grants are awarded to programs and projects in four Impact Areas: Building Jewish Community: Post Grade 12, Experiencing Judaism: Birth to Grade 12, Helping Our Local Community in Need, and Strengthening Global Jewry.

Each impact area has three or four Priority Areas. On grant applications, organizations are asked to select which Priority Area best

matches their program or project.

The applications review process is driven by careful deliberation to ensure grants fund impactful programs, fulfill the intentions of the Federation's generous donors and help the community achieve its potential. Through Campaign grants, the Jewish Federation fosters engagement, innovation and advocacy for our community.

The Federation's Planning and Allocations Committee works with subcommittees for each Impact Area to evaluate and score grant applications. After review and correspondence with the applying organizations, the subcommittees send recommendations to the full committee. Upon approval by the Federation's Board of Directors, grants will be finalized and announced in the late spring of 2015.

To find out more about the application process, please visit jewishinseattle.org/campaign-grants.

Ukraine Assistance Fund reopened

The Jewish Federations of North America has reopened its Ukraine Assistance Fund in light of the country's volatile situation and the continuing need to assist displaced Jews and Jews who have remained behind in eastern Ukraine's conflict zone.

The Jewish Federation of Greater Seattle supports international partner agencies, including the Jewish Agency for Israel and

the American Jewish Joint Distribution Committee, which are on the ground in Ukraine distributing food, medicine, housing assistance and other essentials, and are helping refugees in the country to maintain connections to Jewish life.

For more information and a link to the Ukraine Assistance Fund donation site, please visit jewishinseattle.org/ukraineupdate.

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Painting the Torah

EMILY K. ALHADEFF Associate Editor, JTNews

How do you see Torah?

That's the question Nancy Current and Jeremy Alk will be asking upon the launch of their new class, "The Genesis of Creativity: Using Visual Midrash to Capture the Jewish Imagination."

It's not exactly a new question. Biblically inspired art is millennia old, and has come to form the popular imagination of what Creation, the Flood, Jacob's ladder, the prophets, and even God look like.

But "visual midrash" and "artist beit midrash" are fairly new terms that refer to finding new artistic Biblical interpretations, inspired by the collection of rabbinic



COURTESY NANCY CURRENT

"In Seeking Wisdom, the First Step is Silence"

commentaries on the Bible. Originating out of the Skirball Center in Manhattan, classes are concentrated in New York and New Jersey, with one in Chicago. Inspired to start a similar program out west, Current, a Seattle-based mixed-media artist, went to the East Coast to research the small but growing artistic movement.

"It started by going to synagogue every week," said Current, who attends Eman-

uel Congregation in Seattle's Wedgwood neighborhood. "The poetry would jump out and clobber me between the eyes."

She points to Psalm 97, which reads, "The Lord is King, the world will rejoice, numerous islands will be glad."

"Numerous islands will be glad?" she recalls thinking. "What's that? I had this picture in my head of joyful islands."

The inspiration led to a series of colorful works on antique glass and LED panels. That got her started on a whole new area of artistic exploration.

"I don't know what happened," she said. "It was a revelation."

Current then started exploring the Cairo Genizah and grafting reproductions of fragments onto glass.

"That got me so excited," she said. "All I could see was how things got transmitted, l'dor vador [from generation to generation]."

The class, which will take place at Congregation Beth Shalom, will consist of an artist beit midrash, where participants will study midrashic commentaries on Genesis. Students will create their interpretive works using whatever medium they choose between classes.

"You sit around sometimes and think, 'What is this thing about Jews and art?'" said Alk, an experienced Jewish educator with Congregation Beth Shalom who will be leading the text study.

From Tubal Cain to Bezalel, "There's a lot in Torah that talks about art," he said, not to mention the literary quality of the language and the incorporation of art into

all aspects of Jewish life.

"You can cover your challah with a napkin, or you can cover it with a beautiful piece of cloth," he added. "That makes Jewish life so interesting and beautiful."

Alk plans to start with the Cain and Abel story, leading to Jacob's ladder and Joseph's coat of many colors, among others from Genesis. The beauty of midrash is expanding the text and playing with a story's possibilities.

"How was the tree in the Garden of Eden eaten? Why was it eaten that way? To give a background, they speculate or they say, 'This is how it happened.' The midrashim give wider views of that event," Alk said. "In the Torah text there's a lot of stuff about doing things in a particular order. Art comes from putting chaos into order."

If you go:

The Genesis of Creativity begins Wed., Oct. 22, at 7 p.m. at Congregation Beth Shalom, 6800 35th Ave. NE, Seattle. Class is limited to 15; please register in advance. Price is \$160 for members and \$240 for non-members. Classes are held Wednesdays through December 10. For more information and to register visit www.bethshalomseattle.org or contact Nancy Current at nancy@ncurrent.com.

Alk said he expects painters to show up to the class, but all forms of art are welcome.

"It's just text study and making art, and you can just do what you want," said Current.

But it's more than just exploring art and text.

"There are a lot of people trying to find new ways to connect to their Judaism," said Alk. "It's just fascinating."

◀ CELEBRATIONS PAGE 19



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◀ SCREENING PAGE 7

happened to be carriers of Canavan. Gold and her three siblings are unaffected, as is her older daughter, who has a different father.

If both parents are carriers of the same abnormal gene, their child has a 25 percent chance of being affected.

While the ramifications of both parents carrying the same abnormal gene can be devastating, the chances of testing positive as a carrier are low, said Steinberg, and the rate of genetic diseases has decreased as a result of a push to screen the Jewish community. Steinberg imagines the day when individuals will be able to advertise on JDate which, if any, diseases they carry, to avoid dating the carriers of the same condition.

“Just like people have the conversation about STDs,” she said, “They’re dating; They should be talking about their carrier status. If people are open about it then it’s not stigmatized.”

After the testing, which takes 30-40

minutes, participants will receive results in four to six weeks. Those whose tests show up with no abnormalities receive a letter; those who do have abnormalities will be called and set up with a counselor.

Discovering that you and your partner are carriers of the same abnormality is not the end of the world.

According to Debby Hirshman, the Jewish community outreach representative for Progenity who helped to organize the Seattle screening, “You have many options to have healthy babies,” such as in vitro fertilization that tests the embryos before implantation.

“If I was already screened for Canavan, it would not prevent me from having Isaac,” said Gold. But, she adds, “I hope my story will help everyone to become aware of how important genetic screening is to make the best choices about planning a family and becoming aware of rare genetic diseases like Canavan.”

For more information, or if you're a doctor who would like to get involved, contact Debby Hirshman at debby@dhemah.com.



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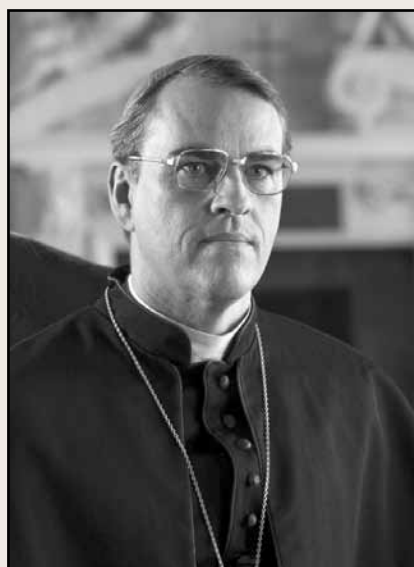
Ongoing
A Hole in the Heart
Art Exhibit

Bainbridge Island Museum of Art (BIMA) presents Rachel Feferman Retrospective: A Hole in the Heart, a lifetime of work by the versatile artist who lost her life to breast cancer in 2010 at the age of 55. Feferman's career goes back to her first award, at age 6, and her exhibition includes textiles, prints, ceramics, puppets, drawings and paintings in gouache and watercolor. The exhibition runs through February 15. For more information visit www.biartmuseum.org. At Bainbridge Island Museum of Art, 550 Winslow Way E, Bainbridge Island.



Sunday, October 26 at 3:30 p.m.
Ripe
Comedy

Part stand-up comedy, part confessional, part bawdy biography, "Ripe" is Wendy Hammer's (Curb Your Enthusiasm, The Sopranos) examination of femininity and life reinvented. After a divorce and losing her best friend to cancer, Hammers decided to reinvigorate her life. The result has been called "supremely entertaining" and "fiercely funny." At the Stroum JCC, 3801 E Mercer Way, Mercer Island. Tickets \$15-\$18. For tickets and information visit sjcc.org.



Wednesday, October 29 at 7 p.m.
The Jewish Cardinal
Film

A French priest struggles to navigate his identity as both a Catholic and a Jew, while mediating the construction of a convent by Carmelite nuns within the walls of Auschwitz. Based on the true story of Jean-Marie Lustiger, who retained his Polish Jewish identity even after being appointed archbishop of Paris. At the Stroum JCC, 3801 E Mercer Way, Mercer Island. Tickets \$5-\$8. For tickets and information visit sjcc.org.



Monday, November 3 at 7:30 p.m.
Nissim
Concert

While his earlier recordings were filled with rap-music tales of guns, drugs, and violence, Nissim — formerly known as D. Black — found himself in the midst of a spiritual crisis. In 2009 he converted to Judaism and has put out two acclaimed albums since. Nissim will be joined on stage with Rabbi Simon Benzaquen, rabbi emeritus of Sephardic Bikur Holim, in a unique team known as "the rabbi and the rapper." At the Stroum JCC, 3801 E Mercer Way, Mercer Island. Tickets \$10-15. For more information and tickets call 206-232-7115 or visit www.sjcc.org.

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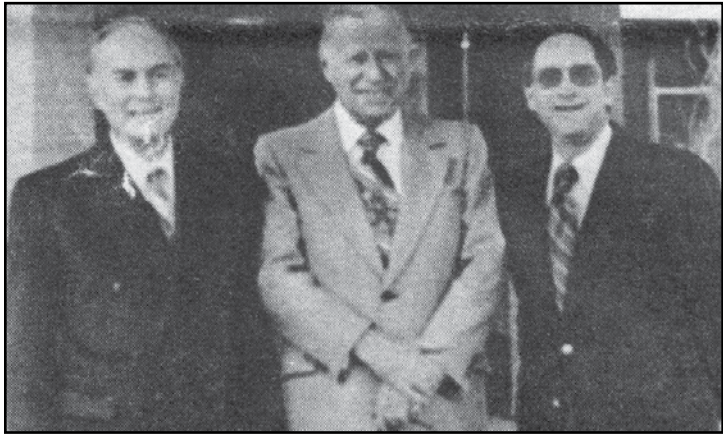
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◀ KLINE GALLAND THEN PAGE 12

to speak of — is far different from what exists today.

“There was no bank account. On Fridays I would take all the bills for the week, I would take a sheet of paper with all the employees, how many people would work, and how much they should



FILE PHOTO

Herb Schoenfeld, left, associate campaign chair for the Kline Galland's 70-bed expansion, Sol Esfeld, center, the campaign chair, and Robert L. Block, the Kline Galland's board president, in 1978 at the opening of the building's expansion.

get paid,” he said. “The bank paid the check, the bills, and then the next Monday I would pick up the checks for the employees and we would hand them out. It was strictly controlled by the bank.”

In the 1970s, Kline Galland finally freed itself — mostly — from the management of Seattle Trust.

“The bank didn’t want to let go,” Gortler said. But the bank also refused to sign on the loan to expand to 140 beds. “They didn’t want to sign the contract because they were afraid they were going to get stuck with this project if it was going to be a failure.”

Eventually Esfeld and businessman Robert Block worked out a deal that the trust would continue to own the land, and the agency, as an independent 501(c)(3) nonprofit, would manage the operations. Kline Galland signed a 99-year lease and the expansion was built.

“We said it was going to fill up in two years,” Gortler said. “Within six months the place was full.”

Today, Kline Galland owns the land outright.

Kline Galland expanded programatically during that time as well. In the early 1970s, Gortler presented a grid to his board laying out the community-wide options for Seattle’s seniors: Those who lived at home could find activities at the Jewish Community Center’s Golden Age Club, those who needed some help could find a group facility such as Council House, and those in need of daily care would find a space at the Kline Galland.

That document served as the blueprint for Kline Galland’s future, though it took close to a decade for the plan to begin to bear fruit with the introduction of the Morris Polack Day Center. After its introduction in 1980, local philan-

thropist Polack created a base fund of \$1 million to sustain a program for seniors to live at home while receiving necessary services on-site a few days a week.

Gortler’s blueprint also sowed the seeds for the transitional care unit, which opened in 2000 and allows for post-operative patients to spend time in rehabilitation before heading home. And eventually, that plan set in motion the idea of a residential facility for Jewish seniors who can live independently or with some assistance.

That facility, the Summit at First Hill, opened in 2001, with financial commitments from the who’s who of Jewish Seattle’s donor base: Sam and

Althea Stroum, Jack and Becky Benaroya, Sam Israel, Ray Galante, who ultimately chaired the building campaign, and many others.

“We looked all over,” Gortler said. “We looked at Eastside properties, we looked in Renton, then this property becomes available.”

The patch of land, owned by broadcasting magnate Patricia Bullitt Collins, was purchased on very favorable terms with payments taken “as money becomes available,” according to Gortler. But then a strange thing happened.

When Gortler was about to deliver the final check — an \$800,000 payment — Sam Stroum decided they should ask Collins for a \$50,000 donation as well.

“I told her that anybody who moves in here who ever runs out of money will not be moved out, that we will subsidize them, and we’re going to do it by creating an endowment,” Gortler said. “She says, ‘Mr. Gortler, tear up the check.’... Sam fell through the floor.”

That \$800,000 started the Kline Galland Foundation, an endowment that Gortler said is doing “exceptionally well” and paid for the recent top-down remodel of the Kline Galland home. In 2006, Gortler handed over the reins to its current CEO, Jeff Cohen, who has been continuing Gortler’s expansion of services.

That so many people in Seattle’s Jewish community give of their time and money to the Kline Galland is in part a recognition that, as Cohen puts it, “eventually everyone’s going to need one of the Kline Galland’s services,” but also a tribute to loved ones to make sure they live comfortably in their later years.

“The community is proud of what they’re doing,” Gortler said.

Jews on the ballot: Jon Zimmerman seeks a seat on the bench

JANIS SIEGEL JTNews Correspondent

Born in New York City, raised in Connecticut, and settled in Seattle for the last 13 years, Seattle Municipal Court Position 2 candidate and Judge Pro Tem Jon Zimmerman is a lawyer in private practice who told JTNews that he wants to bring justice and fairness to the court by helping disenfranchised groups, applying stricter enforcement of environmental law, and assuring open access to court proceedings.

Zimmerman is challenging sitting municipal Judge C. Kimi Kondo, who has been the presiding judge since 1998.

“I’ve represented consumers in federal court, immigrants and tribal members, students, and the elderly, victims of domestic violence and some of the most vulnerable and least advantaged in our community,” Zimmerman said.

“I’ve worked on Capitol Hill, in the White House for the Coast Guard doing environmental law there,” he said, “but I’ve had my own practice for about 10 years now and I’ve represented thousands of clients in 28 counties across the state, mostly in district and municipal courts,



COURTESY JON ZIMMERMAN

Jon Zimmerman, who seeks to become a judge in the Seattle Municipal Court.

including the one I’m running for.”

The Seattle University School of Law graduate is 36, single, lives in Seward Park, and often attends Sephardic Bikur Holim and Minyan Ohr Chadash congregations.

Zimmerman’s endorsements include the 46th District Democrats, the Washington Teamsters Joint Council 28, and the Cardozo Society of Washington State, the Bar Association’s minority bar for Jewish lawyers, who rated him as “qualified”

within a rating system that includes exceptionally well qualified, well qualified, qualified, and not qualified.

To date, Zimmerman has raised over \$36,000 in campaign funds while Kondo’s contributions total just over \$25,000.

If elected, Zimmerman, who served as a pro tem judge in Seattle Municipal Court for three years, said he wants to help immigrants navigate the legal system.

In a press statement, Zimmerman said that many immigrants are “wrongfully mistreated and rightfully distrustful” of the justice system. He’s represented

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◀ KLINE GALLAND TODAY PAGE 17

One person who has helped to provide that Jewish touch for over two decades is Jeanie Alhadeff. She is a board member and former president, as well as the chair of the Kline Galland’s centennial celebration that takes place Oct. 22.

“When I first started on the board, we were just talking about a nursing home,” Alhadeff said. Today, “we are an organization that takes care of every single need or want as somebody ages.”

Alhadeff experienced the agency’s new services first-hand, when her mother, one of the first residents of the Summit at First Hill, entered hospice.

“From the social worker to the nurse to the chaplain, each one of them honored my mother with respect and dignity and love,” Alhadeff said. “They were an enormous support system for me, because caring for a parent who is failing can be a lonely experience.”

Alhadeff’s mother’s condition actually improved, so she no longer needs that care, but Alhadeff said it was important to have that service available.

Though the agency is for the most part doing well, with its budget having doubled to nearly \$40 million since Cohen took over in 2006, the road ahead does look bumpy. The state has not adjusted its Medicaid payments for patients who cannot

afford to pay for their care since 2008.

“Our costs continue to rise 3 percent every year. Our staff costs go up, our utility costs go up, Seattle is not exactly a low-cost place to do business,” Cohen said. “It has been extremely challenging to maintain the level of quality while at the same time balancing our budget every year.”

The coming legislative session will likely be a moment of truth for funding on all fronts, not just with how we care for seniors. Kline Galland is hoping at best to even the playing field. Cohen and the board have, by themselves and with other similar agencies, lobbied in Olympia to increase payments.

“It’s been more about avoiding diminishing reimbursements than getting significant increases,” Kane said.

As the state struggles to pay for seniors who can’t afford their own care, and with the huge wave of Baby Boomers about to come crashing down on the system, it will be up to Cohen to make sure his agency stays abreast of constant change in the healthcare system and stay above water.

“We’re watching the health care system change frequently, and he has the pulse on that and is trying to stay ahead of it,” Alhadeff said.

Cohen believes he and his staff are up for the challenge.

“One thing about Kline Galland,” he said. “It’s never been static.”

◀ JON ZIMMERMAN PAGE 23

them in many courts throughout the state, regardless of their legal status.

"I'm not an immigration lawyer so that's not a question that I ask," said Zimmerman. "We have a lot of people who are working in manual labor jobs and are really just trying to make ends meet for their families."

On this issue, Zimmerman reflected on his family's historical experience, being immigrants themselves who came to the United States from Russia and had to make a living in a new country where the customs, the language, and particularly the laws were new and unknown.

"My ancestors were immigrants, too," said Zimmerman. "A lot of things were not very familiar to them. The immigrants that I represent are certainly citizens of color and they may also be refugees as well."

Zimmerman said he often represented many immigrants who are charged with minor driving offenses, which almost always impacts their ability to work.

"I strive to provide an ear to them and say, 'Hey, I can help you,'" he said. "I've helped them to keep their licenses and I've

helped them get licenses."

Zimmerman also feels strongly about lowering the city's dependence on magistrate hearings in lieu of hearings in open court, which he says deprives citizens of their right to a fair hearing in a public setting.

Although the city claims it is a budget-saving measure, Zimmerman said he doesn't buy that argument, and that revenues from the courts are nearly twice the amount of its expenditures.

"All of our court proceedings should be open to the public, including the magistrate proceedings where unelected and unaccountable representatives for the judge negotiate with the immigrant without the full disclosure of the defendant's rights," said Zimmerman. "I think we can do a better job of giving everyone who walks into a court the respect and the presumption of innocence."

Zimmerman is running to replace Kondo, citing her record as the "worst-performing judge" according to a Seattle Times survey of attorneys who rate the judges they appear before in Seattle and King County.

The survey asks respondents to rate judges based on legal decision-making,

impartiality, integrity, and temperament.

"Judge Kondo remains last in these three categories, while she is next to last in administration," said Zimmerman. "For me, being a judge is not about making

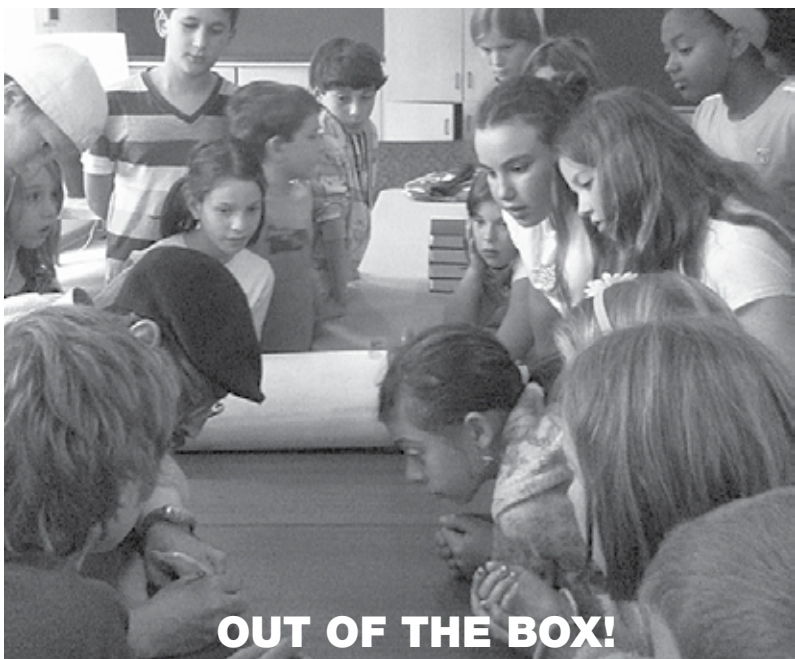
the decision that I want to make and it's not always about making the most popular decision. To me, being a judge is about making the tough decisions, and most of all it's about following the law."



MEKA HAGLUND MANCHAK/MOHAI

This three-dimensional diorama of the 24th Ave. Market serves as the entrance to "Shalom! Open for Business: Tales of Jewish Merchants in Washington State," an exhibit on display through Jan. 20 at the Museum of History and Industry. The Washington State Jewish Historical Society used many of the artifacts in its collection to create the exhibit.

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◀ M.O.T. PAGE 8

and flexibility.



TARA GIMMER

Author and sleep coach Sandra Kornblatt.

From her office in a co-working space, which provides companionship and structure, she's creating webinars and seminars at www.restfulinsomnia.com, and offering individual coaching.

"There are five obstacles to restful nights,"

that are the focus of her instruction, she says. Even when you can't sleep, there are ways to rest and feel refreshed in the morning. While she generally sleeps well now, Sondra says her interest developed about 10 years ago when she had "intense insomnia for about a year" and conventional solutions didn't help.

Sondra recently decided to take up ukulele. Making music, she says, uses "a different part of my brain." She's also a yoga enthusiast and she and Stacy Lawson will present a two-hour workshop on yoga and insomnia on Nov. 16 at Red Square Yoga in Seattle's Queen Anne neighborhood.

3 Short Takes: Cameron Levin, former JTNews ad sales rep, designer for **Butch Blum**, and one of last year's Five Women to Watch, has joined the advisory board for the University of Washington's new Fashion Development program.

If you go:

On Sun., Nov. 16 from 3-5 p.m., **Sondra Kornblatt** will lead a "Restful Insomnia: Renew When You Can't Sleep" workshop to discuss how to harness the power of rest to rejuvenate yourself. \$45 cost includes a copy of her book. RSVP at 206-999-6274 or at www.redsquareyoga.com/workshops.

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3 O'CLOCK NEWS

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◀ OURCROWD PAGE 11

poised for success.

Jacobs wouldn't name any specific companies, but it's clear that OurCrowd is ready to find and fund any and all tech entrepreneurs who are far enough along to attract capital.

"One of the reasons I'm here in Seattle is to see how we can help bring some of this global capital to Seattle," she said. "We definitely want to have a strong foothold in the Seattle community to look for startups to bring to our investors and to invite more investors to become active with OurCrowd."

The company is also interested in the Portland area.

When asked about whether she's encountered any anti-Israel rhetoric from entrepreneurs or investors as she travels for OurCrowd, Jacobs was unequivocally positive.

"I have never, ever encountered any anti-Israel sentiment when we're bringing Israeli entrepreneurs throughout the U.S.," said Jacobs. "I can speak to an entire crowd and not one person is Jewish, and people come up to me and say, 'I really support Israel, What can I do besides investing in the company?' I've actually found the opposite. People want to know what Israel is doing. They want to invest."

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LIFECYCLES

EPSTEIN-MERVIS

Marni Epstein and Laine Mervis announce their engagement.

Marni is the daughter of Valerie and Laurence Epstein of Mercer Island. She is a graduate of Northwest Yeshiva High School and holds a B.S. in business from the University of Southern California, and is working toward an M.A. in historic preservation from Goucher College. She works as a journalist.

Laine is the son of Devra and Clive Mervis of Los Angeles and originally Cape Town, South Africa. He holds a B.A. in political science and classics from the University of California, Davis, a J.D. from the University of California, Los Angeles, and a master's in spiritual psychology from the University of Santa Monica. He is an attorney at his own firm.

The couple resides in Los Angeles. A wedding is planned for early 2015.



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Please submit images in jpg format, 400 KB or larger.

Thank you!



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