



JT
NEWS

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JEWISH

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PASSOVER'S COMING
Need a place to go? Find a seder on page 15

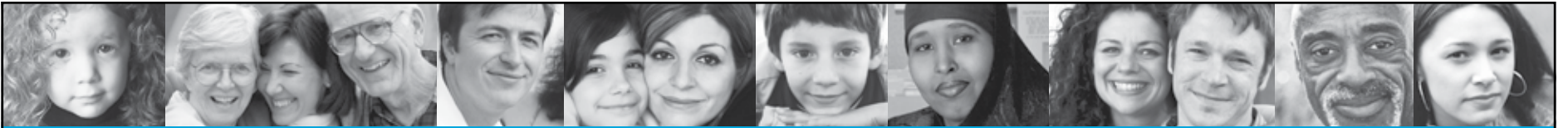


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TWO ISRAELI DANCES, TWO DIFFERENT STYLES PAGE 18

WILHELMJA/CREATIVE COMMONS



April Family Calendar

12th Annual *Community of Caring Luncheon*

Here I Am

Thursday, May 8, 2014 • Sheraton Seattle Hotel

For more information and to register, visit www.jfsseattle.org/luncheon.

FOR PARENTS & FAMILIES

Unless otherwise noted, contact Marjorie Schnyder, (206) 861-3146 or familylife@jfsseattle.org.

Positive Discipline: Reducing Power Struggles

■ **Wednesday, April 2**
9:30 a.m. – noon

Positive Discipline: Family Meetings

■ **Wednesday, April 9**
9:30 a.m. – noon

Emotions Coaching: An Essential Part of Your Parenting Toolbox

■ **Thursday, April 24**
7:00 – 9:00 p.m.
or
Friday, April 25
10:00 a.m. – noon

DON'T MISS THIS!

FREEDOMSONG

A Musical About Recovery
From Addictions

Sunday, March 30 • 2:00 p.m.

Presented by JFS *Alternatives to
Addiction* and the Stroum Jewish
Community Center.

For more information,
visit www.bit.ly/FreedomSong.

FOR THE COMMUNITY

AA Meetings at JFS

■ **Tuesdays, 7:00 p.m.**

Contact (206) 461-3240 or ata@jfsseattle.org.

Solutions to Senior Hunger

■ **Ongoing**

JFS is helping eligible seniors sign-up for food stamps. For more information, contact Emma Johnston, (206) 726-3635 or ejohnston@jfsseattle.org.

Kosher Food Bank

■ **Wednesday, April 2**
5:00 – 6:30 p.m.

Contact Jana Prothman, (206) 861-3174 or jprothman@jfsseattle.org.

Aging and Spirituality

■ **Thursday, April 17**
1:00 – 3:00 p.m.

Contact Maureen McKelvey, (206) 861-3141 or mmckelvey@jfsseattle.org.

Passover Seder in Russian

■ **Sunday, April 20**
4:00 – 8:00 p.m.

Contact (206) 726-3619 or familylife@jfsseattle.org.

VOLUNTEER TO MAKE A DIFFERENCE!

Contact Jane Deer-Hileman, (206) 861-3155 or volunteer@jfsseattle.org.

Passover Basket Making

Russian Seder

Big Pals / Little Pals

Family Mentors in Kent

FOR ADULTS AGE 60+

ENDLESS OPPORTUNITIES

A community-wide program offered in partnership with Temple B'nai Torah & Temple De Hirsch Sinai. EO events are open to the public and are at 10:30 a.m. unless otherwise noted.

Growing Up in Cairo, Egypt

■ **Thursday, April 3**

Heart Cell Regeneration: Working to Cure Heart Disease

■ **Tuesday, April 8**

Jewish Continuity and Interfaith Marriage with Rabbi Aaron Meyer

■ **Thursday, April 24**

RSVP Ellen Hendin or Wendy Warman,
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endlessopps@jfsseattle.org.



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Matters**

...always has, always will.



How you can help Snohomish mudslide victims

Though our local Jewish community was not directly affected by the mudslide in Snohomish County that has claimed at least 16 lives, friends and loved ones of our Jewish community in the county were. None of our local Jewish organizations are currently collecting donations for aid, but you can send a donation to the Snohomish Chapter of the American Red Cross at www.recross.org/wa/everett, by calling 800-RED CROSS, or by texting the word REDCROSS to 90999 to make a \$10 donation from your mobile phone.

STORIES YOU MAY HAVE MISSED

Every weekday at 3 p.m., we send out an email with stories from near and far about what's happening in our Jewish world. Here are some stories you may have missed over the past week:

- Atah m'daber Ivrit?
- Tricking death twice

Want to be in the know? Sign up for the 3 O'Clock News by visiting our website at www.jewishsound.org, scroll down, and give us your name and email address. Find all of these articles on our new website, The Jewish Sound.



REMEMBER WHEN

From the Jewish Transcript, March 20, 1980.

This Passover issue had plenty of stories, but it also had a reminder to check your local grocer for kosher-for-Passover Coca-Cola. From the looks on these two faces, it looks like they really were going to celebrate Pesach with a smile.

JTNews is the Voice of Jewish Washington. Our mission is to meet the interests of our Jewish community through fair and accurate coverage of local, national and international news, opinion and information. We seek to expose our readers to diverse viewpoints and vibrant debate on many fronts, including the news and events in Israel. We strive to contribute to the continued growth of our local Jewish community as we carry out our mission.

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OF GREATER SEATTLE

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Beit Hatfutsot, the Museum of the Jewish People, is based in Tel Aviv, but the director of the national office, which just opened in Seattle, has designs to put it right in your lap.

40 years of high school **7**

Northwest Yeshiva High School marked its 40th anniversary this month with a gala and a look back from its first class of a half-dozen boys.

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Get your corkscrews ready! We filled a room with 10 people and 10 kosher-for-Passover wines to find the best for your seder dinner.

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Need a place to go to celebrate Passover? Whether it's traditional, experimental, in town or in the Jewish hinterlands, we've got the right one for you.

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When ethnomusicologist Josh Kun visits town on April 6, he'll talk about a new angle on the history of Jewish-African-American relations.

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When they hit their respective stages, the choreography of two Israeli dancers will be very different in philosophy, but very similar in their backgrounds.

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As a part of Kol HaNeshamah's 10th anniversary celebration, the congregation has embarked upon a Torah restoration project that culminates with a visit from Brandeis University Biblical scholar Marc Brettler.

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Welcome, new advertisers!

- Pacific Financial Advisors
- West Seattle Thriftway

Tell them you saw them in JTNews!

THE CALENDAR to Jewish Washington



For a complete listing of events, or to add your event to the JTNews calendar, visit calendar.jtnews.net. Calendar events must be submitted no later than 10 days before publication.

Candlelighting times

March 28 7:15 p.m.
April 4 7:25 p.m.
April 11 7:35 p.m.
April 18 7:45 p.m.

FRIDAY 28 MARCH

4 p.m. — Russian Shabbaton Retreat

☎ Yechezkel Rapoport at rabbi@shalomseattle.org or seattlerussianjews.org/shabbaton

Spend five days of learning and discovery with master Torah teachers. Explore new ideas and expand your horizons in an open, embracing environment. \$350. At Alderbrook Resort and Spa, 10 E Alderbrook Dr., Union, Wash.

6–7 p.m. — HNT Scholar in Residence with Rabbi Lawrence Kushner

☎ Rebecca Levy at Rebecca@h-nt.org or 206-232-8555 or www.h-nt.org/SIR

"Tales of Religious Mystery: When the Sacred Makes Guest Appearances in the Ordinary." A "sleep-at-home Shabbaton" weekend of learning, fellowship, fun, food and more. At Herzl-Ner Tamid Conservative Congregation, 3700 E Mercer Way, Mercer Island.

SUNDAY 30 MARCH

2 p.m. — 'From Door to Door'

☎ Susan Jensen at 206-722-5550 or seattlejewishtheater.com/upcoming-shows

James Sherman's bittersweet comedy about three generations of Jewish women. Directed by Art Feinglass and performed by the Seattle Jewish Theater Company. \$6 at the door. At Congregation Ezra Bessaroth, 5217 S Brandon St., Seattle.

2–4 p.m. — 'Freedom Song': A Musical Play about Recovery from Addictions

☎ Laura Kramer at lkramer@jfsseattle.org or 206-861-8782 or www.jfsseattle.org

An original production using music to explore the historic universality of the struggle to free oneself from both internal and external bonds. \$5. At the

Stroum Jewish Community Center, 3801 E Mercer Way, Mercer Island.

5–8 p.m. — NEST Presents: NE Seattle Treasures Featuring Nancy Pearl and Steve Scher

☎ Kelsea Shannon at info@nestseattle.org or 206-525-6378 or www.nestseattle.org

Featuring your favorite bibliophiles, Nancy Pearl and Steve Scher. \$75. At Faith Lutheran Church, 8208 18th Ave. NE, Seattle.

MONDAY 31 MARCH

6–9:30 p.m. — AJC Seattle Diplomatic and Interfaith Model Passover Seder

☎ Becki Chandler at chandlerb@ajc.org or 206-622-6315 or www.ajcseattle.org

Building meaningful, lasting relationships between Greater Seattle's Jewish and non-Jewish communities. At Temple B'nai Torah, 15727 NE Fourth St., Bellevue.

7:30–9:30 p.m. — Stroum Lecture with Marianne Hirsch and Leo Spitzer

☎ Lauren Spokane at laurenjs@uw.edu or 206-543-0138 or stroumjewishstudies.org/events

"School Photos in the Era of Assimilation: Jews, Indians, and Blacks." This year's Stroum Lectures examine the historical, memorial, and aesthetic dimensions of school photographs from a comparative Jewish perspective. At the University of Washington, Kane Hall Room 220, Seattle.

TUESDAY 1 APRIL

8–10 p.m. — 'The Story of the Jews'

☎ www.kcts9.org

Five-part PBS series featuring British historian Simon Schama traveling the globe and exploring Jewish history. Tuesday nights 8 p.m. and 9 p.m. through April 22. Tune in to KCTS 9.

WEDNESDAY 2 APRIL

7:30 p.m. — Stroum Lecture with Marianne Hirsch and Leo Spitzer

☎ Lauren Spokane at laurenjs@uw.edu or 206-543-0138 or stroumjewishstudies.org/events

"Framing Children: The Holocaust and After." At

the University of Washington, Kane Hall Room 220, Seattle.

THURSDAY 3 APRIL

10:30 a.m.–12 p.m. — Growing up in Cairo, Egypt: 1939 to 1957

☎ Ellen Hendin at endlessopps@jfsseattle.org or 206-461-3240 or www.jfsseattle.org

Berthe Habib will talk about her life in Cairo, as well as the political changes that caused her family to leave Egypt in 1957. At Temple B'nai Torah, 15727 NE Fourth St., Bellevue.

SUNDAY 6 APRIL

11 a.m.–4 p.m. — Pre-Passover Car Wash

☎ Ari Hoffman at thehoffather@gmail.com or 206-295-5888 or seattlencsy.com

Help NCSY and get your car cleaned for Passover, or buy a gift certificate to Pink Elephant car wash for only \$10. Earn community service hours by volunteering. \$20 for car, \$30 for van/SUV. At Sephardic Bikur Holim, 6500 52nd Ave. S, Seattle.

2 p.m. — 'The Family: Three Journeys into the Heart of the Twentieth Century'

☎ Joe Ginsburg at jg.bluebottle@gmail.com or 206-551-4666 or www.yiddish-seattle.org

Author David Laskin will present his highly acclaimed book for the Seattle Yiddish Group. At University House, 4400 Stone Way N, Seattle.

3 p.m. — Seattle Jewish Theater Company's Production of 'From Door to Door'

☎ 206-684-7539 or seattlejewishtheater.com/upcoming-shows

At Seattle Public Library, Northeast branch, 6801 35th Ave. NE, Seattle.

MONDAY 7 APRIL

6–8 p.m. — Passover Cooking Class

☎ Kim Lawson at klawson@sjcc.org or 206-388-0823 or sjcc.org

Hands-on cooking class putting a new spin on classic Passover recipes. Appetizers, wine, and dinner. Leave with delicious recipes. SJCC members \$65, guests \$80. At Stopsky's Delicatessen, 3016 78th Ave. SE, Mercer Island.

7–8 p.m. — Pesach Class

☎ info@shevetachim.com or 206-275-1539 or

www.shevetachim.com

Pesach class led by Congregation Shevet Achim's Rabbi Yechezkel Kornfeld, focusing on kids versus adults at the seder. At Island Crust Cafe, 7525 SE 24th St., Mercer Island.

TUESDAY 8 APRIL

10:30 a.m.–12 p.m. — Heart Cell Regeneration: Working to Cure Heart Disease

☎ Ellen Hendin at endlessopps@jfsseattle.org or 206-461-3240 or www.jfsseattle.org

Dr. Chuck Murry, director of the University of Washington's Center for Cardiovascular Biology, will discuss America's heart failure epidemic and his research on rebuilding hearts through stem cell transplants. At Temple De Hirsch Sinai, 1441 16th Ave., Seattle.

WEDNESDAY 9 APRIL

6:30–8 p.m. — Baking Demo and Book Signing

☎ Book Larder at a@booklarder.com or 206-397-4271 or www.booklarder.com

Gluten-free baking experts Lisa Stander-Horel and Tim Horel demo two dessert recipes from their new cookbook "Nosh on This" and answer your gluten-free baking questions. Free. At the Book Larder, 4252 Fremont Ave. N, Seattle.

7 p.m. — University Lecture Series with Prof. Devin Naar

☎ 206-525-0915 or www.templebetham.org

What happened to the Jews who were expelled from Spain in 1492? How are Sephardic Jews linked to Seattle? How does the University of Washington have a larger collection of Ladino books than the Library of Congress? UW professor Devin Naar answers these questions and more. At Temple Beth Am, 2632 NE 80th St., Seattle.

THURSDAY 10 APRIL

7 p.m. — Baking Demo and Book Signing

☎ mjcc@oregonjcc.org or 503-244-0111

Lisa Stander-Horel and Tim Horel discuss recipes and tips from "Nosh on This." With treats for all from Kyra's Bake Shop. Free. At Mittleman Jewish Community Center, 6651 SW Capitol Highway, Portland, Ore.

SEND THE COMMUNITY A PERSONAL GREETING ON PASSOVER

PASSOVER GREETINGS ARE PUBLISHED APRIL 11TH!

Greet family and friends for the holiday with a personalized greeting in our big April 11th Passover issue.

Call or email Becky for information about placing your greeting: 206-774-2238 or beckym@jtnews.net.



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TODAY**
Deadline April 2

THE RABBI'S TURN

We must reach out to and embrace intermarried Jews

RABBI RICK HARKAVY *Bet Chaverim Congregation of South King County*

Before I was ordained, my entire rabbinical class met and discussed the Jewish influences within our lives that encouraged us to become rabbis. My colleagues spoke about the positive difference Jewish camps and Jewish youth groups and trips to Israel made upon their Jewish identity.

When it was my turn to speak, I mentioned that I wished I had had those experiences, but I could not, since I was raised as a Unitarian by assimilated Jewish parents. Sadly, I have no Jewish memories from my childhood.

Since I grew up in an assimilated household, I know from personal experience the dilemma of losing one's Jewish identity. Raising one's child without a religion is akin to raising a child without a surname, as it disconnects a child from his or her past.

I was the only person in my rabbinical class who was not raised as a Jew. At that time, I represented a minority population within the American Jewish community.

Today, I represent a significant percentage of the American Jewish community. An increasing number of Jews no longer identify as Jews. The majority of these Jews, according to a recent Pew Research Center survey, are children of intermarried Jews. Tens of thousands of these children are not being raised as Jews.

In the non-Orthodox community, interfaith marriages have essentially become the norm. More American Jews under age 30 have intermarried than in-

married. The fact that this is happening should not surprise anyone.

What is the most important value in the vast majority of Jewish homes? Without a doubt, it is the need to be well educated. Jews have been, and will always be, the People of the Book. However, the Torah is now being replaced with secular books.

Jews ranging from the very secular to the very Orthodox encourage their children to study, study and study. Jewish children are told repeatedly to do their best academically.

Jewish children are good learners. Due to their parents' emphasis on education, Jewish children make the logical conclusion that their families want them to socialize with other educated people. Consequently, many of these friendships lead to marriage.

Am I advocating intermarriage? Of course not. I am advocating that we not condemn intermarried couples. Telling a Jew that his or her non-Jewish spouse is a "problem" is insulting.

The Jewish community should not focus on convincing Jews to marry other Jews. Rather our focus should be about making Judaism more relevant to our fellow Jews. Too many Jews have a limited understanding of the basic principles of Judaism.

Accepting intermarriage as a fact of life does not necessarily mean "watering down" Judaism. We can be inclusive and still believe in Jewish standards.

I want to reach out to intermarried Jews because I want more practicing Jews. As a rabbi, I want to teach my fellow Jews to learn Hebrew, keep kosher, observe Shabbat and the Jewish holidays, join a synagogue, give tzedakah, study Torah, and support and visit Israel.

Yes, I realize that many intermarried Jews are not interested in Judaism. The fact that their grandchildren will probably not be Jewish saddens me. However, I have met many intermarried Jews who want to live meaningful Jewish lives. I know several rabbis and Jewish communal leaders whose parents are intermarried. I have also discovered that many non-Jewish spouses are interested in learning about Judaism.

I applaud the efforts of many synagogues and Jewish organizations that reach out to interfaith couples. However, we must do more to address the Jewish needs of intermarried Jews. We must involve intermarried Jews in our conversation so we do not talk about "them," but rather about "us." Our efforts may not reduce the number of intermarriages, but it may increase the number of intermarried Jews raising their children as Jews.

Hoping that Jews will only marry other Jews is unrealistic. Telling a Jew not to marry a person whom they love because of religion is a non-starter. Denouncing intermarried Jews and their parents will only alienate many Jews. Blaming other Jewish denominations for intermarriage

will only polarize the Jewish community.

Rabbi Rick Jacobs, president of the Union for Reform Judaism, noted:

The pressing question is, how do we respond? High intermarriage rates require a thoughtful response. Delivering endless sermons about the importance of endogamy — or making apocalyptic arguments — is not going to dissuade young people from falling in love with someone who is not Jewish. If that were the case, we would not be where we are today....

Many in the "endogamy camp" argue that outreach to interfaith families is not an effective communal investment. At the heart of this debate is the allocation of communal resources. But the impact of outreach to interfaith families — when thoughtfully and effectively deployed — matters.

Consider Boston, where Barry Shrage, president of the Combined Jewish Philanthropies, has made outreach to interfaith families a communal norm across all Jewish institutions, including synagogues. The number of interfaith families raising Jewish children has doubled.

Instead of condemning intermarriage, we must recognize interfaith marriages as a challenge that could either undermine or enhance the Jewish experience within America.

I look forward to the day when an increasing number of practicing Jews will say, "I was raised as a Jew by interfaith parents."

WRITE A LETTER TO THE EDITOR: We would love to hear from you! You may submit your letters to editor@jtnews.net. Please limit your letters to approximately 350 words. The deadline for the next issue is April 1. Future deadlines may be found online.

The opinions of our columnists and advertisers do not necessarily reflect the views of JTNews or the Jewish Federation of Greater Seattle.

Announcing The Jewish Sound

If you've gone online this week to view something on our website, you would have noticed some big changes. We have undergone a complete redesign of our site that includes a new name and a new community calendar.

Our online presence is now known as **JewishSound.org**. The site is faster, easier to navigate, and much easier to read. It's also friendlier to smartphones and tablets, and includes calendar listings right on the front page.

You can also share our articles on Facebook, Twitter or Google+ much more easily, and, for the first time, you may leave comments on each article.

We've also got some new features, including more comprehensive, regularly updated international news from multiple sources — often articles you won't find in the JTNews in print — and the first episode of The

Transcript, our podcast by associate editor Emily K. Alhadeff. A blog, an updated Guide to Jewish Washington site, and an updated Professional Directory to Jewish Washington will be coming in the next few months. Some notes on this site:

- The email addresses for our staff, such as editor@jtnews.net, will not change.
- We have completely overhauled the software system we use to present JewishSound.org, so any previous links you may have had to articles will no longer work. But you can still search and find them again for relinking.
- If there's something featured on our previous site that you miss, let us know!

We hope you come back on a daily basis, to one hub where you can find all of your Jewish news.

— Joel Magalnick, Publisher and Editor, JTNews and JewishSound.org

The Museum of the Jewish People sets up shop in Seattle

TORI GOTTLIEB Special to JTNews

Thirty-six years ago, Beit Hatfutsot — literally, “House of the Diaspora” — opened in Tel Aviv. The museum, founded with the goal of being a central archive and memorial for Jewish life, assumed the responsibility of documenting Jewish communities all over the world in a central place that members of the diaspora could then visit and enjoy.

The idea behind having a central location for Beit Hatfutsot in Israel was that all Jews would eventually return to Israel in some way, either by making aliyah or by visiting. But in recent years, Beit Hatfutsot has changed its goals. Now called “The Museum of the Jewish People,” Beit Hatfutsot is focused on Jewish community and identity building throughout the world.

David Chivo, who formerly served as executive vice president at the Jewish Federation of Greater Seattle, recently joined Beit Hatfutsot as its North America director. From his new Seattle office he is leading the museum’s \$90 million renewal campaign to help make Beit Hatfutsot an accessible experience for the international Jewish community.

“Beit Hatfutsot has a unique value offering in how it understands and transmits content related to Jewish identity building,” Chivo said, explaining that while Israel will always have centrality within the global Jewish community, there needs to be strong centers of Jewish life globally.

Chivo explained that the philanthropic campaign will address the three ways the museum can bring content to the global Jewish community. First is the exhibitions themselves. They will continue to be based in Israel, but will travel globally so the best



COURTESY BEIT HATFUTSOT

A spiral exhibit at the Beit Hatfutsot museum in Tel Aviv asks in multiple languages how Jewish people connect.

of Beit Hatfutsot can have a presence in Jewish community centers, on college campuses, and in public spaces across the world.

“We’re completely recreating the museum experience itself with one of the finest museum designers in the world,” Chivo said, crediting Washington, D.C.-based museum designer Patrick Gallagher with the transformation Beit Hatfutsot has undergone.

Beit Hatfutsot also boasts the School of Jewish Peoplehood Studies (SJPS), which serves more than 5,000 people a year from all over the world. SJPS’s intended impact is to provide academic as well as experiential resources to educators and

other Jewish leaders so they can take the Beit Hatfutsot philosophy of Jewish identity and Jewish-peoplehood building back to their communities.

The third component is a significant investment in technology. Chivo envisions computer or iPad stations scattered throughout the museum for visitors to use as they explore the exhibits, with continued access to the exhibits through the visitors’ personal devices when they return home.

Beit Hatfutsot is also building an online home for its Douglas Goldman Jewish Genealogy Center, which will open to the public in early 2015. The new online database will allow users to build a personalized family tree and use smart technology to automatically build off information input by the user to make the research process easier.

Beit Hatfutsot’s transformation from centrally located archive to global content distributor began in the early 2000s, when the museum experienced a period of decline. In 2005, the Israeli government passed the Beit Hatfutsot Law in the Knesset, declaring the museum “the National Center for Jewish communities in Israel

and around the world.” The law’s intent was to forever consider Beit Hatfutsot a treasure and a cultural institution whose international role is to tell the story of the Jewish people.

The Beit Hatfutsot campaign is off to a swift start, with two gifts of \$5 million each from Alfred Moses, former U.S. Ambassador to Romania, and International Spy Museum founder Milton Maltz. Chivo is excited to reach out to additional philanthropists who can help Beit Hatfutsot fulfill its goal of bringing Jewish culture and identity to the global community.

“Beit Hatfutsot isn’t about the Holocaust or remembrance or guilt,” said Chivo of the museum’s mission. “It’s about feeling great about being part of a religious civilization that has triumphed and thrived and that’s flourishing today, and will continue to do so.”

Beit Hatfutsot seeks to build Jewish identity that is not just a scholastic or travel experience, but a way of daily life, Chivo said.

“Over the last 20 years, the central question for the American Jewish community is how we strengthen identity,” he added. “The way that we’ve approached it is through day school education, camping, and Birthright Israel experiences — many things are really focused on the next generation. But what hasn’t occurred is an understanding of Jewish identity that’s for all of us — for people who are young, in the middle of their lives, or the older generation.”

For more information on Beit Hatfutsot, visit the museum’s website at www.bh.org.il.



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High school celebrates 40 years of yeshiva education

JANIS SIEGEL JTNews Correspondent

It's been 40 years since the Northwest Yeshiva High School first opened its doors with six male students in the basement of the Seattle Hebrew Academy.

There were no Judaic programs or high schools for Jewish youth to attend when rabbi and principal Dan Rosenthal opened Yeshivat Or Hazafon in 1974 to keep Jewish students in the area.

It would be five more years before the inaugural class of female students would be enrolled — the same year Yeshivat Or Hazafon graduated its first class. Once it moved out of the basement to its current Mercer Island location in 1992, the school had its first growth spurt.

In 2014, the school's population is steady at 74, off from its all-time high of 91 in 2006, and half of them are girls.

Today, the NYHS faces new challenges that may require trading off a bit of its focus on old-world tradition in favor of intellectual meaning and reasoning.

"When you work with kids and you talk about tradition and religion and values, they're aware of them, but to feel it in their bones — that's something I don't think they're going to have," Rabbi Bernie Fox, NYHS's head of school since 1985, told JTNews.

"On the other hand," he added, "they bring with them a lot of open-mindedness."

Fox cited an example from the local Sephardic community, whose children were often very connected to their immigrant grandparents and whose grandchildren had deep connections to them, their native countries, their struggle to practice their faith, and their immigrant experience.

Those connections are dwindling, he said.

"We definitely see generational transitions and it's about history," said Fox. "I believe it changes the paradigm in Jewish education because those families understood those traditions, practices — and



Simon Amiel, a Northwest Yeshiva High School parent, acts as auctioneer while students show off the items at the March 9 gala.

values have very deep and ancient roots. They could feel it in their bones. Today, students know American Judaism and it's important for schools to understand their outlook."

The open-mindedness at NYHS is most strongly reflected in the community feeling demonstrated within its student body. Although it is an Orthodox school, all of the students, whether religious or not, mingle and make friends — often for life.

"We're an Orthodox school with a very diverse population," Melissa Rivkin, NYHS's director of development and advancement, told JTNews. "We are unique among Jewish high schools in the U.S. Probably half of the students are not Orthodox."

Additionally, Rivkin said, students from 11 different synagogues and 27 ZIP codes are represented in the student body.

"They unite over what they have in common — not what divides them," she said.

As an Orthodox school, the NYHS teaches co-ed secular classes and separates the girls and boys for all but the introductory Judaism class.

Whether it's the classroom gender separation or the unity of spirit, no one can argue with the school's results — all 10 of their senior applicants to the University of Washington, a school that has increasingly become competitive nationally, were accepted.

"This is a college-prep school," said Rivkin. "All of our kids go on to four-year colleges. This school is very much known for a really high quality education across the board in all areas — strong writers, critical thinkers, and analytical thinking."

But according to Fox, when taken too far, trying to develop the perfect college application complete with the "right" extracurricular activities, excellent grades, and prestigious internships can blind a student to his or her uniquely personal interests.

"Here, I think there has been a fundamental change," said Fox. "The pressure on kids to get into the university that he or she seeks is much, much higher than it was even five years ago. It doesn't help to calculate and I don't think it's healthy to calculate what's going to look good on a college application."

Both Rivkin and Fox see male and female students increasingly enrolling in the science and technology classes, and many go on to careers in public health, law, and medicine.

Nevertheless, Rivkin credits much of the success of the school to its loyal alumni base and greater Jewish community that supports it and keeps it strong.

More than 300 attended NYHS's 40th-

► PAGE 22

Aging Transitions for Today's Men: Isolation vs. Connection

Become part of an innovative pilot group to understand "What Age-ing Men Want."

The aging process presents us all with losses, change, and challenges. This workshop will give men the opportunity to reflect and chart their journey home to a more authentic self.

PILOT PROPOSAL:

Become part of a small pilot group of men ages 50-70+ to help understand what aging men need to navigate the changes and transitions associated with aging

Through group conversations, participants will:

- Better understand the journey they have been on including family, career and retirement. Share with others in their unique but yet common experiences.
- Understand losses, including physical capacity, family members, or job/career and need for healing that can assist in making the necessary transitions ahead
- Leave with better grasp of the reality of changes due to aging with ideas and actions to begin to move towards joy and authenticity.

■ Cost is \$10.00 per session.

The 1st ten men to sign up will receive a stipend to cover cost.

When: Weekly sessions Mondays at 7 p.m.: April 21, 28, May 5, 12, 19, and June 2

Where: Aljoia Mercer Island, 2430 76th Ave Se, Mercer Island

Please register by April 14th, 2014 by contacting Phil Gerson

Phil Gerson: pgerson_8@msn.com 425-890-8685

Larry Jacobson: lmj-safe@comcast.net 206-232-6300

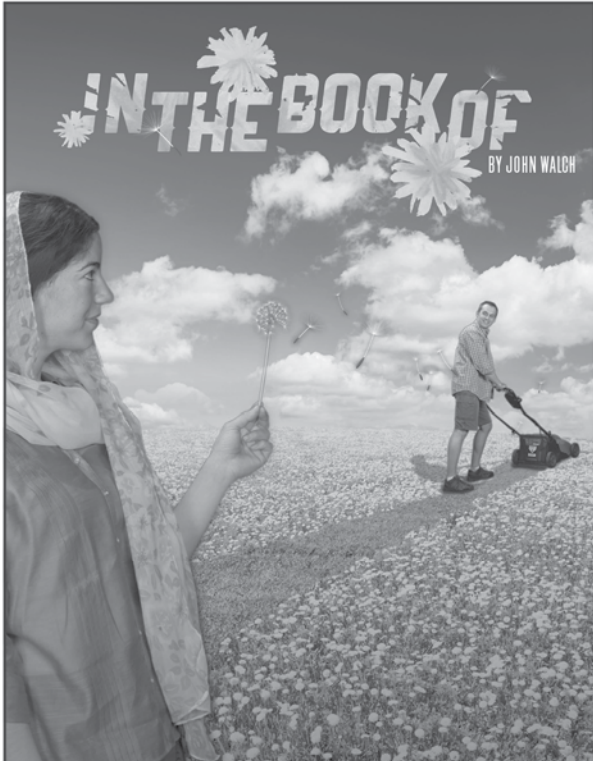
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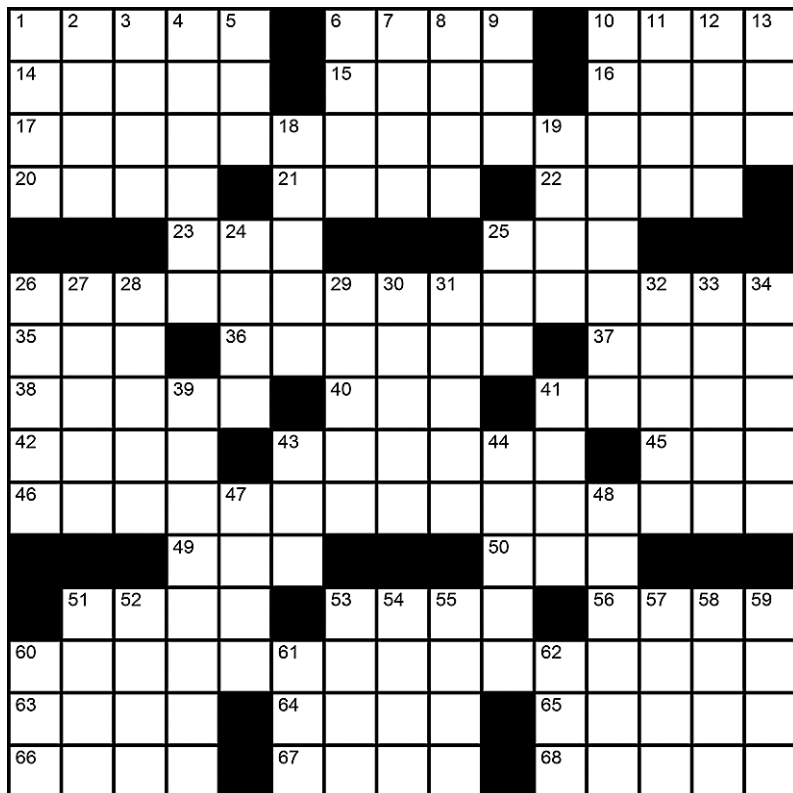


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Change Your Luck

by Mike Selinker



"Sometimes work can change your luck," wrote poet Hayim Nahman Bialik. If you think you're a lucky person, good on you. But if you think you're an unlucky person, consider the advice of psychologist Richard Wiseman, who defined the four habits of people who consider themselves lucky. If you follow these four steps, your luck may change for the better.

ACROSS

- 1 Variety of tea
- 6 Type of machine for snorers, for short
- 10 Cali valley
- 14 Dreaded dental device
- 15 See 42-Across
- 16 Solzhenitsyn hero Denisovich
- 17 How to make your own luck
- 20 *Late Night* host Meyers
- 21 Role for Harrison
- 22 Beatty film about communism
- 23 Alias, in an APB
- 25 401, Roman-style
- 26 How to make your own luck
- 35 Superlative suffix
- 36 Belgian detective
- 37 Approximately
- 38 Garlic sauce
- 40 Summertime hookups, briefly
- 41 Outdo
- 42 With 15-Across, Radiohead song named for a California city
- 43 Brando, Astaire, or Nolte, by birth
- 45 ___-relief
- 46 How to make your own luck
- 49 Tolkien creature
- 50 From ___ Z
- 51 Not bad
- 53 Burn ever so slightly
- 56 Not that
- 60 How to make your own luck
- 63 School with a noted film program
- 64 Death goddess of Indian myth
- 65 Reproductive organ
- 66 *The Avengers* character
- 67 Actress Watson who played Hermione Granger
- 68 Type of network once employed by Western Union

DOWN

- 1 You can "print" them in Word
- 2 U.S. lake
- 3 Verbal ___ (Kevin Spacey role)
- 4 Passé
- 5 "Mr. Blue Sky" band
- 6 ___ Crunch
- 7 Work aimlessly
- 8 "It's worth ___!"
- 9 It rhymes with 25-Down
- 10 Club similar to a pitching wedge
- 11 Excited
- 12 New England team, to fans
- 13 Kennedy Center's ___ Given Child initiative
- 18 Yamaha purchase
- 19 Language similar to Hindi
- 24 Civil War cap style
- 25 It rhymes with 62-Down
- 26 Sprang
- 27 Great NBA player/not-so-great NBA exec Thomas
- 28 Maker of Blakberi vodka
- 29 Love note from Giuseppe
- 30 Pod creatures
- 31 Dinosaur who hangs out with plumbers
- 32 Freshwater diver
- 33 *The ___ Suspects* (3-Down's film)
- 34 ___-turvy
- 39 Image in many a Texan product
- 41 "I've got that covered"
- 43 Select
- 44 Missile Command system
- 47 Stereo feature
- 48 Type of candle
- 51 Of that type
- 52 City once called Kristiana
- 53 Stuff
- 54 Sulu's place on the bridge
- 55 Silk Road locale
- 57 Get better
- 58 Concerning, legally
- 59 "Renegade" band
- 60 Project (out)
- 61 ___ out (manage)
- 62 It rhymes with 9-Down

Answers on page 18

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The Jewish crab, and challah as a pet

DIANA BREMENT JTNews Columnist

1 Seattle auctioneer David Silverman has built on his foundation as a song-and-dance man to help countless organizations raise money for good causes.

An auctioneer has "a huge advantage to being in theater," he says. "You have to be able to make that flip [from] making people smile...to getting them to be moved by the message."

Born and raised in Yonkers, N.Y., David's family moved to the Bay Area when he was a young teen and he finished high school in Marin County having already done a lot of theater. A self-described "terrible student," he went to junior college, where he was offered the opportunity to teach theater if he finished his degree. He chose the University of Washington in 1977 where, not knowing anyone, he thought he wouldn't be distracted from his studies.

But then there was that dance audition notice in the school paper. It was for The Music Hall — old time Seattleites may remember it. "They were paying \$280 a week" for Las Vegas-style revue shows, more money than he'd ever made. Becoming a permanent member of the corps, he did about 870 shows, and with his background in theater, the producer tapped him to do some directing. He began to regularly host and direct many of the beauty pageants in the area, including Miss Seafair and Miss Washington.

"I quickly gave up moving back to California," he says, and no, he did not finish school. "I was getting paid to dance bare chested with women in G-strings.... I wasn't an idiot."

David was also one of the three dancing crabs in the popular '80s television commercials for Sea Galley restaurants. He continued to do theater, improv and stand-up, winning the Seattle Laugh-Off in 1980.

"In '89 I sold everything I owned and traveled around the world," for a year, he says. Returning to Seattle he bought a house, met his wife, **Stacia**, and started doing more events. Somebody asked him to be an auctioneer and "I was too stupid to say no," he says, but he was immediately drawn to it.

Now he does 60 auctions a year, including one earlier this month for Temple Beth Am. "A \$60 million auction for Swedish is thrilling, but just as thrilling is a \$30,000 auction for a group that didn't think they could do it."

Despite being a funny guy, David takes auctioneering seriously, feeling "a good sense of responsibility...providing a really good service."



M.O.T.
Member of
the Tribe



Auctioneer David Silverman.

You'll find him, he says, "either in overalls cleaning out my sewer line or I'm in a tuxedo raising millions of dollars." He asserts, "I'm one of the few Jews who does his own plumbing." Find out more about him — and watch Sea Galley ads — at www.thedavidsilverman.com.

2 Trained as a microbiologist, **Masha Shtern** admits that baking bread "has become my scientific outlet," a way to "experiment [in] a lab of sorts."

She has her degree from the University of Washington, but Masha made a career switch a few years ago. Laid off from a lab job and not wanting to go to grad school, she applied for various jobs and ended up as a Seattle Parks and Rec employee. Working first in West Seattle and at Belltown Community Center, she proposed that she teach challah-

and pita-baking classes for the department. Those have now been offered at Belltown, West Seattle and Rainier Beach — with some classes taught by **Carrie Carrillo**.

She finds it interesting that her chal-



COURTESY MASHA SHTERN

Baker, scientist and parks worker Masha Shtern in the kitchen.

lah students have been "about a quarter... Jewish." The non-Jews usually have Jewish friends or are serious bakers looking to expand their repertoire.

Born in Moscow, Russia, Masha's family immigrated to Seattle when she was 11. She still speaks, reads and writes Russian and works occasionally as a medical translator. She speaks Spanish, too.

"I actually went to a Hebrew school in Moscow," a public school, she says. It was

More good news on the diabetes front

JANIS SIEGEL JTNews Columnist

If you or someone you know has been diagnosed with Type 1 diabetes within the last four years, there's more good news from Ben-Gurion University of the Negev researcher Dr. Eli Lewis.

The most recent results from Phase 1 of Lewis's second round of clinical trials showed very positive outcomes similar to the first round of testing — that most of the patient "responders" in his study treated with the anti-inflammatory drug alpha 1-antitrypsin were able to either become insulin-free or dramatically reduce their insulin use.

"The responders showed one major positive end-point," Lewis, the director of BGU's Department of Clinical Biochemistry and Pharmacology, told JTNews. "They made more insulin of their own compared to the initial entry levels they had. Considering the disease is typically a downhill slope upon diagnosis, this is a very encouraging positive parameter."

Always cautioning against the temptation to call it a "cure," Lewis now sounds more like an eager warrior with the enemy in his sights.

"Our reaction is very positive on several levels," said Lewis. "First, safety and compliance are exceptionally good, which is not so trivial when it comes to combating one of the world's greatest incurable epidemics."

Both the younger and older early-onset diabetics in the study have either stopped or reduced their use of insulin for over two years now with no negative side effects. JTNews profiled Israel's consul general to the Pacific Northwest, whose family has responded very positively to these treatments, on Oct. 25, 2013.

"Second, the proportion of responders is a great start," Lewis said. "We really didn't know what to expect. Based on these findings we now have the second round of trials much more tailored and adjusted for better benefit."

The study was performed in collaboration with a research team from the Barbara Davis Center for Childhood Diabetes at the University of Colorado and published in *The Journal of Clinical Endocrinology and Metabolism*.

Once again, Lewis's method of dosing diabetic patients with AAT after a transplant of healthy pancreatic clusters of cells called islets reduced inflammation in the islets, one of the main instigators and perpetrators of the disease.

"We know inflammation plays an extremely important role in the disease," said Lewis. "When we receive patients, the inflammatory flare is already in the islets; however, no one knows for sure where it started prior to diagnosis."

Results showed that treating Type 1 dia-



ISRAEL:
To Your
Health

betic patients with AAT, this time weekly for eight weeks, while injecting healthy pancreatic islets into the patient, could be a potential cure.

"Inflammation, according to our findings, is the pivotal obstacle in optimal islet transplantation," Lewis said.

The 12 study subjects were given an infusion of 80 milligrams of AAT, a drug already FDA approved and used for decades to slow the progression of lung disease and

decrease inflammation from smoking, asthma, and respiratory infections.

AAT is derived from a natural human blood protein. According to Lewis, this compatibility is a factor in the study's positive results.

"Safety first," Lewis said. "Any drug that's based on a naturally occurring human protein has an edge over synthetic artificial entities.... Secondly, we do see AAT as being a failing part in the course of diabetes, so we consider this approach an augmentation of AAT in patients that have non-functional AAT."

However, wrote researchers in the study report, the study design did not include a placebo group and it also used a small sample size of 12 patients.

Lewis said the next three clinical trials will include at-risk and recently diagnosed subjects and he will concentrate on finding the optimal AAT dosage amounts needed to achieve the most insulin reduction in the study subjects.

Lewis and his team will recruit more than 25 patients at each of the three centers where they will be treating patients, for a total sample size of at least 75 subjects.

These next trials will also include the use of a placebo group.

"The ethical issue is to allow standard treatment which is insulin, which is included for all," said Lewis. "It's then all about whether the individuals start reducing units."

Another significant benefit of the AAT treatment was the absence of any negative side effects after administering the drug.

Patients were monitored for adverse effects and none were reported.

"Based on these findings we now have the second round of trials much more tailored and adjusted for better benefit," Lewis said.

If AAT is proven to be effective in eliminating and lowering the need for insulin in Type 1 diabetic patients, Lewis said it would most likely be two years before it could be approved for on-label use by the FDA.

Longtime JTNews correspondent and freelance journalist Janis Siegel has covered international health research for SELF magazine and campaigns for Fred Hutchinson Cancer Research Center.

UW World Series

Ballet du Grand Théâtre de Genève



Preludes et Fugues by Israeli choreographer Emmanuel Gat

APR 3-5

Trio con Brio Copenhagen



Works by Nørgård, Mendelssohn, and Beethoven

APR 8

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APR 15

Hilary Hahn

with Cory Smythe, piano



Works by Mozart, Schoenberg, Telemann, and more

APR 29

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People in Ukraine are getting urgently needed help

The Jewish Federation supports the American Jewish Joint Distribution Committee and the Jewish Agency for Israel, which are delivering urgently needed food, medical care and other basics to Ukrainians like Marianna Tikich, a 14-year-old girl in Mariupol recovering from a stroke.

"Our ability to provide this critical aid, and having the infrastructure to do so, would not be possible without support from the Jewish Federation of Greater Seattle."

—Michael Novick, Executive Director
for Strategic Development, JDC



Older adults have more health care options

The Jewish Federation provided startup funding and critical public support that enabled Kline Galland to open a Home Health Care Agency.

"The Federation was a great partner. This is a perfect example of what community agencies can do when they work together."

—Jeff Cohen, Kline Galland CEO



Low-income Israelis have food security



The Jewish Federation supports Leket Israel, which gleans fresh fruits and vegetables that otherwise would go to waste, supplies the "rescued" produce to local food banks, and runs healthful cooking workshops for impoverished families in our Israeli partner communities of Kiryat Malachi and Hof Ashkelon.

"Donors to the Seattle Federation should know how much they have helped us to develop food rescue in Israel."

—Paul Leiba, Resource Development
Officer, Leket Israel

Special needs children are getting a helping hand



The Jewish Federation supports the Friendship Circle of Washington, which involves children with special needs in a full range of social experiences, using teen volunteers.

"The Friendship Circle has been a central part of our lives since discovering it four years ago. They provide a warm and nurturing environment for our youngest son Milo. The teen volunteers shower Milo with acceptance, love and patience."

—Kim Lawson, Friendship Circle mom

"The Friendship Circle is such an important part of my life. I have learned so much with this experience and about values I will have the rest of my life."

—Hannah Markus, Friendship Circle volunteer

Young families are engaging in Jewish life through PJ Library's books, music, neighborhood programs

The Jewish Federation offers books and programming through the PJ Library, which since 2009 has served nearly 2,400 local families with children ages 6 months to 5 ½ years with high-quality books and CDs featuring Jewish holidays, culture, history and heroes.

"We've introduced several friends to the Thursday story hours and to PJ Library. It's such a great resource. I'm a stay-at-home, Gentile parent, and I've loved having this as another way to expose our son to Jewish culture ... Yay, PJ Library!"

—Angela Hyland, PJ Library parent



Kids are plugging into Jewish life at summer camp

Every year, scholarships from the Jewish Federation make it possible for more than 200 local children to experience Jewish camping. At camp, kids learn to value their Jewish identity, gain leadership skills, and build lifelong friendships.

"I learned so much about Jewish prayer and tradition, how I feel about my Judaism, and how I want to practice. I was so surprised by the amount of bonding that happened within my cabin. It was amazing how quickly we became such a strong community. I know I will carry that feeling forever."

—Jessica from Redmond, about her summer camp experience



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Seder habits of highly effective people

RIVY POUPKO KLETENIK JTNews Columnist

Dear Rivy,

There's no getting away from it. Pesach is up next. I've been known to embrace the "Pesach denial attitude" in past years — closing my eyes as I pass the Passover aisle in the supermarket, delicately stepping away from the over-the-top, gung-ho Passover preparers' bragadocio around how many briskets are in their freezers and the like. This year, however, I vow to be on top of things! First up? The seder — after all, is it not ultimately about creating a meaningful experience for family and guests? Any suggestions beyond place settings and tchotchkes? I am looking for a focus, a central theme that will live on in the minds of all seder participants long after the taste of matzoh has dissipated, the dishes have been put away, and the brisket has been forgotten.

Let's do it! It is a terrific idea to, as "Seven Habits" fans, myself among them, would put it: "Begin with the end in mind!" (See Stephen Covey's "Seven Habits of Highly Effective People" if this reference is lost on you.) Given that the desired outcome is to have ideas and meaning last



What's Your JQ?

for our guests while animating their consciousness into the future, it behooves us to do some orchestration behind the scenes and set ourselves up for success by doing the advance prep work. The time to start is now.

It's essential to delve into the text of the Hagaddah and probe the narrative for themes. Despite the outward impression — buoyed by the inevitable need to continually get up from the seder table to check on the kids, the oven, the soup, the guests, the wine, the dessert — the Hagaddah is not actually a hodgepodge of arbitrary paragraphs strung together. It is carefully arranged, hence seder! Order! This thread of teachings tells a story, guiding us along till we get to the punchline, the "Big idea," if you will, of the evening and, most assuredly, of our people's central narrative. It is not the popular, condensed, distilled, cynical "They tried to kill us, we survived, let's eat" trope of comic renown; though that does have a particular pretty punch to it.

The central theme of the seder is... wait for it...*gratitude*. After establishing that it's our duty to tell the story of the Exodus — how, when, and to whom

— we can get into it, telling the story of our people reaching all the way back from Abraham to the enslavement and the miraculous special effects of the redemption. Notice the emphatic conclusion of the narrative build-up is: "Thus it is our duty to thank, to laud, to praise, to glorify, to exalt, to adore, to bless, to elevate, to acclaim the One who did all these miracles for our ancestors and for us." Notice the nine expressions of gratitude here. We get ready to tell the story, we tell the story, and then we dramatically conclude, cup of wine in hand, with words of thanks — we sing two paragraphs of Hallel, Psalms of praise, and then eat the meal. The point of it all? Gratitude and thankfulness.

Interestingly, the latest happiness gurus are all about gratitude. Dr. Tal Ben Shachar, Harvard professor and founder of the Maytiv Institute for Positive Psychology in Herzliya, Israel, a foundation dedicated to helping people be happy, teaches there are six keys to happiness:

1. Set goals
2. Give and help others
3. Adopt an optimistic outlook
4. Identify role models
5. Be strengths-focused — see the good!
6. Commit to exercise three times a week for at least 30 minutes.

Regarding the achievement of these

goals, he teaches that gratitude is the critical underpinning, and essential to adopting an optimistic outlook. Here is his suggestion:

There are treasures of happiness all around us and within us. The problem is that we only appreciate them when something terrible happens. Usually when we become sick, we appreciate our health. When we lose someone dear to us, we appreciate our life. And we don't need to wait. If we cultivate the habit of gratitude we can significantly increase our levels of happiness. So, for example, research shows that people who keep a gratitude journal, who each night before going to sleep write at least five things for which they are grateful, big things or little things, are happier, more optimistic, more successful, more likely to achieve their goals, physically healthier; it actually strengthens our immune system, and are more generous and benevolent toward others. This is an intervention that takes three minutes a day with significant positive ramifications.

There you have it. Our Hagaddah is our Gratitude Journal. We are the AppreciationNation and seder night is

► PAGE 22

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You may also contact your synagogue or any of the following rabbis:

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Rabbi S. B. Levitin 206-527-1411	Rabbi R. Meyers 206-722-5500	Rabbi S. Benzaquen 206-200-6829	

For Pre-Passover and Yom Tov services and classes please contact your Synagogue.
For general kashrut questions, please visit www.seattlevaad.org.
or email us at vaadinfo@seattlevaad.org. You may also call our office at 206-760-0805.
For Passover questions, please call the Seattle Vaad/OU Seattle Passover Hotline at 212-613-8314 after 3/28/14 or Rabbi Kletenik at 206-228-0692.

PLEASE CLIP AND SEND TO YOUR RABBI SO HE WILL RECEIVE IT BEFORE SUNDAY, APRIL 13, 2014.

DELEGATION OF POWER FOR SALE OF CHOMETZ

KNOW YE that I, the undersigned, fully empower and permit Rabbi..... to act in my place and stead, and in my behalf to sell all Chometz possessed by me (knowingly or unknowingly) as defined by the Torah and Rabbinic Law (e.g., Chometz, possible Chometz, and all kinds of Chometz mixtures). Also Chometz that tends to harden and to adhere to inside surfaces of pans, pots or cooking and usable utensils, and all kinds of live animals that have been eating Chometz or mixtures thereof. And to lease all places wherein the Chometz owned by me may be found especially in the premise located at..... and elsewhere.

Rabbi has the full right to sell and to lease by transactions, as he deems fit and proper and for such time which he believes necessary in accordance with all detailed terms and detailed forms as explained in the general authorization contract which have been given this year to Rabbi to sell Chometz.

This general authorization is made a part of this agreement. Also do I hereby give the said Rabbi full power and authority to appoint a substitute in his stead with full power to sell and to lease as provided herein. The above given power is in conformity with all Torah, Rabbinical regulations and laws, and also in accordance with laws of Washington State and of the United States. And to this I hereby affix my signature on the day of Nisan in the year 5774.

Name _____
Address _____
City _____
Signature _____

The legal intricacies concerning this transfer of property are many, and only a competent rabbi should be entrusted with its execution.

Drink this, not that

EMILY K. ALHADEFF Associate Editor, JTNews

Passover's coming. What will you be drinking?

If only this were the most pressing question as we move into the weeklong love-hate holiday of matzoh (with butter? Tuna? Cream cheese? In the form of soggy pizza?), family table drama that rivals only Thanksgiving, frenzied cleaning that rivals only bedbug extermination.

Let us make this easy on you. On one of your 400 trips to a local supermarket stocking kosher-for-Passover supplies for one more jar of jellied gefilte fish (because Uncle Harold always wants an extra piece!) and macaroons (because, admit it, you could eat a whole can!) and one more case of matzoh (*because what if we run out?!*) just buy these wines. Okay?

Every year, if you haven't caught on over the past decade of local Jewish reportage, the JTNews editorial staff and friends are treated to a kosher wine tasting courtesy of Michael Friend of Royal Wine Corp. Each year, Michael introduces us to new and known kosher-for-Passover wines — and like, er, a fine wine, the selection gets better every year.

We'd like to offer a special thanks to Michael, and to the Summit at First Hill for offering us the use of their Chai Lounge overlooking Seattle, and to this year's panel of tasters: Joel and Barbara Konikor, Ned Porges, Adam Balkany, Dina Kaufthal, Daniel Birk, Phillip and Dayna Klitzner, Zane Brown, Avi and Rachel Polsky, and Joshua Pactor.

All wines are mevushal unless otherwise noted.

White:

Baron Herzog Chardonnay

"The Classic"

The only white tasted is this tried-



and-true California-based Chardonnay, which received an overall rating of 3.55 out of 5. The crowd was pretty happy with its fruitiness — notes of apple, pear, and vanilla were detected. This is a good wine well suited to salmon and cheeses, as well as veal and Cornish hen, so say the official tasting notes from the company. Start your seder off with this as your first cup before moving on to a bolder red.

Red:

Shilo Secret Reserve Cabernet Sauvignon

"The Winner"

This bold red won the hearts of our tasters, scoring a 5 out of 5 almost across the board. Adam described it as "berry nose, cherry finish," and Dina characterized it as "raspberry, cherry, smooth... a lot of flavor but still easy to drink."

The Shilo winery was established where wines were produced in Biblical times, and is Royal's best-selling boutique winery. If you want to impress your seder guests, this is the one to buy. But it will put you back a bit. This most expensive bottle of the evening goes for \$45.99 retail. (Note: The 2009 vintage is not mevushal.)



Domaine du Castel Petit Castel

"The Fancy"

Who couldn't love a wine with the dreamy French name of "Petit Castel"? Our tasters thought it was great, noting its long finish and hints of toffee, pepper, oak, berry, apricots, and honey. Joshua found it "rich, multi-faceted, fruity, well-balanced, woody." \$48.99 and not mevushal. It should be noted that the tasters were not aware of prices during the tasting, and the merit of these pricier bottles is a reflection of the impression they made.

Bin Shiraz

"The 'It's Not Complicated'"

"It's not complicated" might be the status of this Binyamina (Israel) wine. It scored highly among our tasters, earning

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a solid 3.85, with marks for fruitiness, smoothness, and non-complexity. Drink this with pasta, chicken or grilled beef. This is a good seder wine that won't overpower your Hillel sandwich. And it's a steal at \$12.99.

Pacifica Cabernet Sauvignon/Merlot
"The Local"

Washington-based Pacifica, the region's first kosher wine — and a spectacular one at that — is out this year with a new blend. This Pacifica pales slightly in comparison to its Meritage predecessor (notoriously described by one taster two years ago as "like drinking brisket") and scored 3s and 4s. Adam and Phillip tasted coffee, Ned and Zane picked up blackberry, and Joel surprised himself by enjoying it, despite his distaste for Cabernet and Merlot. Maybe two negatives create a positive. Pacifica's grapes come from Walla Walla and the Yakima Valley, making this the locavore's choice. Best paired with barbecued meats, pot roast, grilled chicken. \$27.99.

Bartenura Brachetto

"The Wine for Non-Wine Drinkers"

Joel described this fruity, effervescent red as "light and refreshing. Fun!" Zane suggests it as a good four-cups alternative, given its fruity lightness. Dan, who admitted he was not much of a wine drinker, also loved this one and marked it as "fun ☺". For those seeking something a little more exciting than now-ubiquitous Jeunesse or headache-inducing Concord grape wines, try the Bartenura. The alcohol comes in at only 6 percent, too, lightweights. \$14.99.

Ovadia Estates Chianti

"The Crowd-Pleaser"

"A chocolate-covered cherry!" praised Zane of this Italian wine. Chocolate and cherry flavors were picked up by others, and an average rating of 3.18 makes this a very good choice suitable for a variety of meals, from salads to meats. \$14.99.

Ovadia Estates Vino Nobile di Montepulciano

"The Wildcard"

The Ovadia Montepulciano is a bit of a wildcard, receiving ratings between one and five. Criticisms include that it fades too fast and is too light for a red. Dan Birk said that he was surprised by the lightness, making it a good wine for those who aren't big on reds. Adam

found it thin, with hints of raisin and tobacco. Call this the pipe smoke of wine. The official tasting notes point out anise, wild berries, vanilla and Mediterranean wood. I'm not sure what Mediterranean wood tastes like, but it should be good with grilled or roasted meat. \$16.99.

Sweet:

Morad Danue Passion Fruit

"The Fruit Cocktail"

Fruit wines tend to be hit or miss, but always very, very sweet and only drinkable in thimblefuls. It will be interesting to see how this passionfruit wine fares. "Tastes like fruit cocktail syrup," Barbara exclaimed, which I would say is accurate, but with a teaspoon of Dimetapp thrown in. Save this one for a hot day, and serve it over ice, or bring it out at the end of the seder for the champions who made it through Hallel, if they can stand to put another ounce of anything into their bodies.

Rashi Claret

"Nana's Choice"

Described as "sweet and pleasant," "good for kiddush," and coming in with a score of 3.4, the Claret proves that the Jewish affection for sweet wines is as lasting as the eternal light. Try this for a fancier, slightly drier version of the concord grape classics, i.e., the "bottom shelf" wines in your local kosher aisle.

Find an assortment of these wines and more at QFC University Village and Mercer Island, Albertson's Mercer Island, Total Wine Tukwila, and through AffordableKosher.com.

L'chaim! Next year in Jerusalem!



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<p>Manischewitz Passover Egg Matzos 12 oz., selected varieties</p> <p>4⁴⁹ ea.</p> 	<p>Kedem Sparkling Juice 25.4 oz.</p> <p>3⁴⁹ ea.</p> 	<p>Manischewitz Macaroons 10 oz., selected varieties</p> <p>3⁹⁹ ea.</p> 	<p>Manischewitz Passover Matzo Meal 16 oz.</p> <p>3⁷⁹ ea.</p> 	<p>Glicks Potato Chips 6 oz., selected varieties</p> <p>1⁶⁹ ea.</p> 
<p>Mrs. Adler's Gefilte Fish Bits 24 oz.</p> <p>4³⁹ ea.</p> 	<p>Glicks Potato Starch 16 oz.</p> <p>2\$6 for 6</p> 	<p>Manischewitz Cake Mixes 8.9 - 14 oz., selected varieties</p> <p>5⁹⁹ ea.</p> 	<p>Manischewitz Cake Meal 16 oz., selected varieties</p> <p>2\$6 for 6</p> 	<p>Yehuda Yahrzeit Memorial Candle 72 ct.</p> <p>6⁹⁹ ea.</p> 
<p>Dr. Brown's Passover Soda 33.8 oz.</p> <p>2\$5 for 5</p> 	<p>Manischewitz Passover Matzos 5 lb.</p> <p>19⁹⁹ ea.</p> 	<p>Manischewitz Matzo Farfel 14 oz.</p> <p>2⁹⁹ ea.</p> 	<p>Savion Marshmallows 5 oz., selected varieties</p> <p>2\$3 for 3</p> 	<p>Boston Passover Fruit Slices 6 oz.</p> <p>2⁹⁹ ea.</p> 
<p>Glicks Ketchup 24 oz.</p> <p>3⁷⁹ ea.</p> 	<p>Osem Soup Mix 14.1 oz., selected varieties</p> <p>4⁶⁹ ea.</p> 	<p>Lipton Matzo Ball and Soup Mix 4.5 oz.</p> <p>2\$5 for 5</p> 	<p>Lipton Consomme (Parve) 14.1 oz.</p> <p>6⁶⁹ ea.</p> 	<p>Ungar's Gefilte Fish 22 oz., selected varieties</p> <p>6⁸⁹ ea.</p> 
<p>Tabatchnick Passover Soups 15 oz., selected varieties</p> <p>2\$5 for 5</p> 	<p>Manischewitz Matzo Ball Mix 4.5 - 5 oz., selected varieties</p> <p>2⁹⁹ ea.</p> 	<p>Ratner's Blintzes 13 oz., selected varieties</p> <p>5⁹⁹ ea.</p> 	<p>Morton Kosher Salt 3 lb.</p> <p>2\$5 for 5</p> 	<p>Elite Chocolate Bars 3 oz., selected varieties</p> <p>2\$3 for 3</p> 

meat & produce

<p>Kosher Boneless Skinless Chicken Breasts</p> <p>6⁹⁹ lb.</p> 	<p>Kosher Beef Brisket</p> <p>8⁹⁹ lb.</p> 	<p>Kosher Beef Chuck Shoulder Roast</p> <p>8⁹⁹ lb.</p> 	<p>Medjool Dates 12 oz.</p> <p>4⁹⁹ ea.</p> 	<p>Fresh Horseradish Root</p> <p>4⁹⁹ lb.</p> 
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wine

<p>Herzog Wine 750 ml., selected varieties</p> <p>12⁹⁹ ea.</p> 	<p>Manischewitz Concord Grape 150 ml.</p> <p>5⁹⁹ ea.</p> 	<p>Bartenura Moscato 750 ml.</p> <p>11⁹⁹ ea.</p> 
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WALK IN AS STRANGERS, LEAVE AS FAMILY

If you're looking for a way to celebrate Passover this year, many of our local synagogues and organizations across the state will be hosting seders. Whether you're looking for a specific neighborhood or region, or a seder that will feel comfortable for your own traditions, we've got them here.

Greater Seattle area

Seattle

Bet Alef Meditative Synagogue

Second night: Tuesday, April 15, 6 p.m.
At Bet Alef Meditative Synagogue, 1111 Harvard Ave., Seattle
Contact: Elizabeth Fagin at 206-527-9399 or elizabeth@betalef.org
www.betalef.org

Cost: \$38 adult members/\$48 non-members/\$20 child members/\$25 child non-members
Rabbi Olivier BenHaim leads the community in a delicious catered seder meal as they discover anew the spiritual dimensions of Passover and their meaning in our lives.

Congregation Tikvah Chadashah

Second Night: Tuesday, April 15, 2014, 6 p.m.
At the Graham Visitor's Center at the Washington Park Arboretum (depts.washington.edu/uwbgb/visit/rentals/wpa_rentals.shtml)
RSVP line: 206-355-1414
www.tikvahchadashah.org

Requested donation: \$20/\$10 students or low income/children under 13 free
Puget Sound's LGBT chavurah hosts a spirit-filled community potluck seder. Meat potluck seder (no chametz, please). Ritual foods, wine and juice will be provided.

Please RSVP by Friday, April 11. All are welcome!

Golden Beetle Restaurant

First night: Monday, April 14, 5 p.m. to close
Second night: Tuesday, April 15, 5 p.m. to close
At 1744 NW Market St., Seattle
Contact: 206-706-2977
golden-beetle.com/events/passover
Cost: \$40 per person

James Beard Award-winning chef Maria Hines pays homage to Passover with a special seder menu on both nights. Using the help of her restaurant's Jewish staff members and an old Passover cookbook, Hines ensures that seder traditions will be kept intact.

Hillel at the University of Washington

First Night: Monday, April 14, 7 p.m. (doors open at 6:30)
At Hillel UW, 4745 17th Ave. NE, Seattle
Contact: Sahale Jensen at 206-527-1997 or Sahale@hilleluw.org
www.hilleluw.org/passover
Cost: \$12 students/\$30 Jconnect/\$54 community members

Join Hillel undergraduates, Jconnectors and members of the community for festive-themed seders led by Hillel staff and volunteers. Seating provided on a first-come, first-served basis.

Hillel Passover lunches: Thursday, April 17 and Friday, April 18, 11 a.m.-1:30 p.m.
Cost: \$8 students/\$18 with pre-paid reservation/\$20 at the door for community members and Jconnect
Join a Seattle Jewish community tradition you won't want to miss. Hillel is the place to find a delicious kosher-for-Passover meal. Students and Jconnecters can volunteer for two hours and eat for free!

Kol HaNeshamah

Second night: Tuesday, April 15, 2014, 5:45 p.m.
At Westside Unitarian Universalist Congregation, 7141 California Ave. SW, West Seattle
Contact: Sheila Abrahams at 206-935-1590 or execdir@khnseattle.org
www.khnseattle.org

Cost: \$45 adult members/\$60 non-members/\$27 child members under 12/\$42 non-member children
Join them in sharing stories of personal and community struggle and redemption while reading our story in the Haggadah!

Secular Jewish Circle

Saturday, April 19, 5 p.m.
In the Seattle area (call or email for location)
Contact: 206-528-1944 or info@secularjewishcircle.org
www.secularjewishcircle.org
Suggested donation: \$20 members/\$35 non-members
Join over 100 others for SJC's fun, modern, non-theistic community seder!

Bellevue

AJC Diplomatic and Interfaith Passover Seder: Embracing Freedom

Monday, March 31, 6:30 p.m.
At Temple B'nai Torah, 15727 NE 4th St., Bellevue
Contact: Seattle@ajc.org or 206-622-6315
Cost: \$100. RSVP required.
Join local diplomats and interfaith leaders to celebrate and discuss the feast of freedom.

Eastside Torah Center

First night: Monday, April 14, 7 p.m. appetizers and Pesach introduction, 7:45 services, 8:30 p.m. seder
At 16199 Northup Way, Bellevue
Contact: 425-957-7860
www.chabadbellevue.org
Cost \$30 adult/\$20 child 3-12 years. Prepay online at bit.ly/1oHdX1a by Tues., April 8 and save \$5 per person.

If you prefer to learn, experience and be inspired at a communal Passover seder, join ETC's seder.

Temple B'nai Torah

Community seder

Second night: Tuesday, April 15, 6 p.m.
At 15727 NE 4th St., Bellevue
Contact: 425-603-9677. RSVP required.
Cost: \$45 adults/\$55 adults after April 4/\$20 children 6-12/\$25 children 6-12 after April 4/children 5 and under free
Conducted by Rabbi James Mirel and Cantor David Serkin-Poole. Vegetarian meal available upon request.

Passover Seder in Russian

Sunday, April 20, 4 p.m.
At 15727 NE 4th St., Bellevue
Contact: 206-726-3619 or familylife@jfsseattle.org
Cost: \$5 adults/children 18 and under free. Tickets must be purchased in advance.
Cantor Marina Belenky leads a Reform seder in Russian along with special guests and her Russian language trio, Marianna. Join TBT and JFS for this musical celebration of Passover with a traditional seder meal. Kosher meals and transportation arrangements available with advance request.

Issaquah

Chabad of the Central Cascades

First Night: Monday, April 14, 7:30 p.m.
Second Night: Tuesday, April 15, 9 p.m.
At 24121 SE Black Nugget Rd., Issaquah.
Contact 425-427-1654 or Info@chabadissaquah.com
www.chabadissaquah.com/seder
Suggested donation: Adults \$36/child (ages 4-12) \$18
Explore the Kabbalistic insight on the number four: Four cups of wine, four sons, four questions and four types of freedom. Experience the liberation and freedom of Passover. Discover the seder's relevance to today's modern Jew. Please RSVP by April 10.

Mercer Island

Congregation Shevet Achim

Second night: Tuesday, April 15, 8:15 p.m.
At Northwest Yeshiva High School, 5017 90th Ave. SE, Mercer Island
Contact: Ed Epstein at contactus@shevetachim.com
A traditional seder run by Rabbi Yechezkel Kornfeld of Congregation Shevet Achim.

Woodinville

Congregation Kol Ami

Saturday, April 19, 5:30 p.m.
At Carol Edwards Community Center, 17401 133rd Ave. NE, Woodinville
Contact: 425-844-1604 or admin@kolaminw.org
www.kolaminw.org
Cost: \$30 adult members (13 and over)/\$40 guests and non-members/\$20 college students/\$15 children (5-12)/under 5 free
Enjoy a delicious catered meal complete with plenty of wine, sweets, song and great tradition! Conducted by Rabbi Mark Glickman. Reservations required.

► PAGE 16

All are Welcome to Temple B'nai Torah's Community Seder!

**Tuesday, April 15,
6:00 p.m.**

Conducted by
Rabbi James Mirel &
Cantor David Serkin-Poole

Children 5 & Under: Free
Ages 6 - 12: \$20 Adults: \$45
After April 4th
Children 6-12: \$25 Adults: \$55

Vegetarian meal available upon advanced request. Limited space. Call to make reservations now!

(425) 603-9677

Walk-ins cannot be accommodated.



Passover 2014 / 5774 at Hillel UW

Passover Lunches

Thursday & Friday, April 17-18
11:00 am to 1:30 pm
\$8 Students, \$18/Community & Jconnect with pre-paid online reservations or \$20 at the door.

Hillel lunches are a Seattle Passover tradition. Don't miss your chance for a great meal and wonderful community experience.

All food supervised by the Va'ad HaRabanim of Greater Seattle.

For more information about these and other Passover events please visit www.hilleluw.org/passover or call 206-527-1997.

Make reservations at
www.hilleluw.org/passover

First Night Seder

Monday, April 14
\$54/Community, \$30/Jconnect,
\$12/Students

Join Hillel Undergraduates, Jconnect and community members for festive themed seders led by Hillel staff and volunteers. Please make your reservation by Wednesday, April 9th.



◀ PASSOVER SEDERS PAGE 15

Around Washington State**Bainbridge Island****Congregation Kol Shalom****Second night:** Tuesday, April 15, 6 p.m.At 9010 Miller Rd., Bainbridge Island
Contact: Janice Hill at 206-842-9010 or
admin@kolshalom.net
www.kolshalom.net

Led by Rabbi Mark Glickman. Please bring a vegetarian and kosher-for-Pesach side dish, salad, or dessert. The main dish, salmon, will be provided. Donations graciously accepted. RSVP required.

Bremerton**Beth Hatikvah****First night:** Monday April 14, 6 p.m.Contact: Shari Leslie at 360-373-9884 or
sfoxleslie@cardinalmedia.com for location and to
RSVP.

Beth-Hatikvah.org

Cost: Members \$25/non-members \$36

Delicious homemade food, singing and famous
"Seder Plate Bar." Hear the surprise Pesach spiel!**Olympia****The Chabad Jewish Discovery Center****First night:** Monday, April 14, 7:30 p.m.1770 Barnes Blvd. SW, Tumwater
Contact: Rabbi Cheski Edelman at 360-584-4306
or rabbi@jewisholympia.com
www.JewishOlympia.comCost: \$20 adults/\$10 students/children 12 and
under freeMeaningful, relevant, and interactive community
seder complete with hand-baked matzoh, wine, and
a wonderful dinner in a welcoming atmosphere.**Port Townsend****Bet Shira****Second Night:** Tuesday, April 15, 5 p.m.At St. Paul's Episcopal Church, Jefferson and Tyler,
Port TownsendContact: Barry Lerich at 360-379-3042 or
barryell@olypen.comCost: \$5 members/\$20 non-members. Reservations
required.

A welcoming seder using a home-grown Haggadah. Entrée and ritual items provided by Bet Shira; bring a Pesach-friendly side dish to share.

Spokane**Congregation Emanu-el**

Saturday, April 19, 2014, 4:30 p.m.

At Unitarian Universalist Church, 4340 W Ft. George
Wright Dr., SpokaneContact: Paul Paroff at 509-747-6586 or
pjaroff@comcast.netCost: \$25 adults members and children over 13/\$32
adult non-members/\$15 college students/\$11 child
members/\$15 child non-members/children under 7
and active military free.Join Congregation Emanu-El for their annual seder,
a community meal created in collaboration with a
caterer. Please register no later than April 9.**Tacoma****Chabad Jewish Center****First Night:** Monday, April 14, 8 p.m.At the Chabad Jewish Center 2146 N Mildred St.,
TacomaContact: Rabbi Zalman Heber at 253-565-8770 or
Seder@ChabadPierceCounty.com

www.ChabadPierceCounty.com/passover

Cost: \$36 adults /\$18 children under 12

Enjoy an in-depth Hebrew/English Passover experience,
with translation, traditional songs, and lively
discussion. Relive the triumph of Passover and discover
the seder's relevance to today's modern Jew
while enjoying a tasty Passover meal.**Temple Beth El****Second night:** Tuesday, April 15, 6 p.m.**Multimedia Family Seder**

At 5975 S 12th St., Tacoma

Contact: Rebecca Kendziora at 253-564-7101 or
info@templebethel18.org

www.templebethel18.org

Cost: \$24 adults/\$8 children (ages 5-12)/free (under 5)
Rabbi Bruce Kadden and Cantor Leah Elstein will
lead a family-friendly multimedia Passover seder.**Women's Seder**

Saturday, April 19, 5:45 p.m.

Cost: \$24 adults/\$18 college students and girls 12-18
Be inspired! Celebrate, dance, sing and rejoice
with the women of Temple Beth El.**Vancouver, Wash.****Chabad Jewish Center****First night:** Monday, April 14, 7:45 p.m.

At 9604 NE 126th Ave., Vancouver

www.jewishclarkcounty.com

Cost: \$25 adult/\$18 child

Contact 360-993-5222 or info@jewishclarkcounty.com

Congregation Kol Ami**Second night:** Tuesday, April 15, 6 p.m.

At 7800 NE 119th St., Vancouver

Contact: Autumn Sheridan at 360-896-8088

Cost: \$30 adult member/\$37.50 non-member/\$12
child member/\$16 non-memberCatered meal will include matzoh ball soup, chicken
or vegetarian entrée, sides, desserts, and beverages.**Walla Walla****Congregation Beth Israel**

Saturday, April 19, 5 p.m.

At 1202 E Alder St., Walla Walla

Contact: Jennifer Winchell at
winchelljennifer@yahoo.com

Free, but bring food to share.

A community-wide potluck passover seder held in
their small synagogue.**Yakima****Temple Shalom****Second night:** Tuesday, April 15, 5:30 p.m.

At Cascade Gardens, 5704 W Washington, Yakima

Contact: Paula at yakimateple@gmail.com or
send checks to Marcia Zack, P.O. Box 1079, Selah,
WA 98942Cost: \$35 members/\$45 non-members/reduced
prices for children and college studentsStudent Rabbi Abram Goodstein will lead the seder.
Reservations and checks are due by April 7.**HAPPY PASSOVER FROM**

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**CONGREGATION KOL AMI
COMMUNITY PASSOVER SEDER**

Saturday, April 19 - 5:30pm

Carol Edwards Community Center in Woodinville



**Enjoy a delicious catered meal complete with
plenty of wine, sweets, song and great tradition!**

Reservations required

Adult members (13 & over) \$30; Children 5-12:
\$15; Under 5 is Free; College Students \$20;

For tickets and more info, contact us at admin@kolaminw.org or
425-844-1604. Send check to Congregation Kol Ami
16530 Avondale Road NE, Woodinville, WA 98077

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Black-Jewish history, lived through music

DIKLA TUCHMAN JTNews Correspondent

Seattle has arguably been experiencing a Jewish musical revival, seen primarily in the form of klezmer music injected into local folk groups and the popularity of musicians like Nissim, bringing a hip-hop message of the Jewish–African-American experience.

In line with this current trend, Los Angeles musical scholar Josh Kun will visit Seattle on April 6 to present his project, “Black Sabbath: The Secret Musical History of Black Jewish Relations” for the Stroum Jewish Community Center’s Jewish Touch series.

“Black Sabbath” is the first compilation to ever showcase legendary African-American artists covering Jewish songs. With a focus on the 1930s through the ’60s, “Black Sabbath” uses popular music to illuminate the historical, political, spiritual, economic and cultural connections between African Americans and Jewish Americans. This compilation features quintessential African-American musical artists such as Aretha Franklin, Lena Horne and Cab Calloway. In the same vein as Nissim’s musical message, “Black Sabbath” attempts to explore the myriad ways that Jews and African Americans have struggled against each other and struggled alongside each other.

The University of Southern Califor-



COURTESY SJCC

USC professor Josh Kun.

nia associate professor of communication and journalism points out that “Black Sabbath” is a good example of how we approach our work across a variety of platforms: An album, an exhibit, live per-

formances, and online video histories of veteran performers.

“We knew all about the well-documented history of Black-Jewish relations in the U.S., but were struck by just how much that history focused on the Jewish participation in African-American music and not on the inverse,” said Kun.

He pointed to a recording of “Kol Nidre” by Johnny Mathis, which he called the spark that opened up the floodgates to artists from Nina Simone to Franklin, and revealed new perspectives on music’s role in the Civil Rights movement.

“In my research as a scholar and in my work as part of the Idelsohn Society for Musical Preservation, I’ve looked mostly at musical exchanges between Jews, Latinos, and African-Americans,” Kun said. “We’ve been mostly interested in the more untold stories of Jewish-American culture and music.”

Kun explains that the next project for the Idelsohn Society will focus on how a particular chain of Jewish-American women, from the 1930s to ’70s, used music and musical comedy as a way of pushing the boundaries of sex and gender norms — a kind of Jewish burlesque feminism.

Music was an important piece of Kun’s experience growing up, his childhood home always filled with music, especially

IF YOU GO

“Black Sabbath” will be presented on Sunday, April 6 at 2 p.m. at the Stroum Jewish Community Center on Mercer Island. Cost for the event is \$8 for SJCC members, seniors and students, \$12 general admission.

the songs of the Weavers. Their “approach to music, radical politics and internationalism...left an indelible mark on how I listen to music,” he said.

“Music has always been a central part of my life and has always played a powerful role in shaping how I see the world and my place in it,” Kun said. “More than anything, my sense of what Jewish means came from listening to records and being able, in private, to figure out where I fit — if I fit — in all the stories and histories I inherited.”

Kun’s talk mixes storytelling and history with rare audio and video footage to bring the “Black Sabbath” story to life.

“My hope is that the audience will revisit the musical past with me as part of a larger hope that it at least does a little work in changing the way we think about questions of race and culture in American life,” he said.

For our best selection of Kosher products visit these stores:
 -North Mercer Island, 7823 SE 28th St.
 -Mercer Island, WA 98040, Phone: 206-230-0745
 -University Village, 2746 NE 45th St., Seattle, WA 98105, Phone: 206-523-5160



QFC wishes you a Passover

full of happiness, peace and prosperity!

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 <p>Manischewitz Gefilte Fish 24 oz</p> <p style="font-size: 2em;">3⁹⁹</p> <p><small>With Card</small></p>	 <p>Horseradish</p> <p style="font-size: 2em;">3⁹⁹</p> <p><small>lb</small> <small>With Card</small></p>	 <p>Parsnips</p> <p style="font-size: 2em;">1⁷⁹</p> <p><small>lb</small> <small>With Card</small></p>	 <p>Organic Leeks</p> <p style="font-size: 2em;">2⁴⁹</p> <p><small>lb</small> <small>With Card</small></p>	 <p>Kosher Whole Roasted Chicken In The Deli, Select Varieties</p> <p style="font-size: 2em;">7⁹⁹</p> <p><small>With Card</small></p>	 <p>Sabra Hummus In The Deli, Select Varieties, 10 oz</p> <p style="font-size: 2em;">4⁹⁹</p> <p><small>With Card</small></p>
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Going Gat and Gaga for Israeli dance

EMILY K. ALHADEFF Associate Editor, JTNews

Two powerful dance performances by noted Israeli choreographers sashay onto Seattle stages in April.

Although “sashay” is too balletic word to describe and Emanuel Gat’s “Préludes et Fugues” Ohad Naharin’s “Minus 16.”

Both Gat and Naharin are contemporary dancers trained in Israel with international reputations. Gat, a resident with the Ballet du Grand Théâtre de Genève (Geneva Ballet), got his start dancing at the ripe age of 23 with the Liat Dror Nir Ben Gal Company. Naharin was picked up by modern dance matriarch Martha Graham and went on to pioneer the popular “Gaga” school of dance, a sort of free-style movement philosophy that connects dancers to their bodies.

Gat’s “Préludes et Fugues” is the Geneva Ballet’s Seattle debut. It hits the stage at Meany Hall April 3-5 as part of the University of Washington World Series. Naharin’s “Minus 16” appears as part of the lineup with the Alvin Ailey American Dance Theater at the Paramount Theatre in Seattle April 11-13.

Michelle Witt, executive director of Meany Hall and artistic director of the UW World Series, is excited to bring the Geneva Ballet to Seattle for the first time. When

presented with the option of “Préludes” or “Sleeping Beauty,” Witt went for the former. Gat’s piece, set to J.S. Bach’s “Well-Tempered Clavier,” is described as a “hypnotic reflection on human interaction.”

“There is a lot of beautiful weight sharing, winding and unwinding of bodies,” Witt said of Gat’s complex choreography. “They are classical ballet dancers, but it doesn’t have ballet mannerisms, per se.”

The Geneva Ballet was also willing to work with live music, which was important to Witt. Rather than performing to a recording, UW pianist and doctoral student Brooks Tran will perform Bach’s piece live.

“The company was surprisingly flexible,” Witt said.

Despite coming from the same small country, Gat’s work stands in contrast to Naharin’s. Naharin steers dancers away from performance and back toward themselves. His studios are notoriously mirror-free.

“It’s something very unique, significant, and doesn’t look like anything else,” said Danielle Agami, one of Naharin’s dancers. Agami staged the Alvin Ailey production, but is currently in Atlanta working with another company. She con-

siders herself an ambassador to Naharin’s approach.

“Dancers should be trying [Gaga] because it brings a lot of pleasure,” she said. “It just supports your life because it brings joy.”

“Minus 16” (the title has no meaning, if you’re wondering) is a compilation of seven dances set to an eclectic playlist, including “Hava Nagilah,” Vivaldi’s “Nisi Dominis,” “Over the Rainbow,” and a pounding version of the Passover learning chant “Echad Mi Yodea?” by Israeli rock group Tractor’s Revenge. Every performance of “Minus 16” is dedicated to the memory of Naharin’s wife, Mari Kajiwara.

Training the Alvin Ailey dancers in Naharin’s Gaga style was a challenge, said Agami.

“It was new for me to teach a company that’s so well established, but actually never touched something like that,” she said. “It’s interesting to see how tradition shifts to accommodate a new medium.”

Naharin has said that he doesn’t believe a dance culture has yet emerged out of Israel, but to an outsider familiar with the country (and its ubiquitous dance parties) the fluid, constant, introspective movements of Gaga appear uniquely Israeli.

IF YOU GO

“Préludes et Fugues” runs April 3-5 at Meany Hall, University of Washington. Tickets cost \$39-\$44. For tickets and information visit uwworldseries.org.

“Minus 16” appears with Alvin Ailey American Dance Theater, April 11-13, at the Paramount, 911 Pine St. Tickets cost \$21.25-\$71.25. For tickets and information visit www.stgpresents.org or call 877-784-4849.

“The pressure and undoing the pressure...to feel that you constantly need more room to contain more information and to forgive...I think that’s definitely our passion to yield, and our passion to forgive, and to continue and create a future,” Agami said.

“It’s very much in the now and about innovation,” she said. “Gaga’s relevant everywhere.”

On the other hand, “[‘Préludes et Fugues’] is more contemporary and modern,” said UW’s Witt. “It’s very visceral and contemporary aesthetic.”

But to put dance into words is to defeat the purpose, some might say. It’s meant to be seen, felt, interpreted.

In a video interview, Gat articulates this.

“If you try to verbalize it falls apart, it doesn’t mean anything,” he said. “If you just take it as it is it makes sense. You don’t have to go further.”

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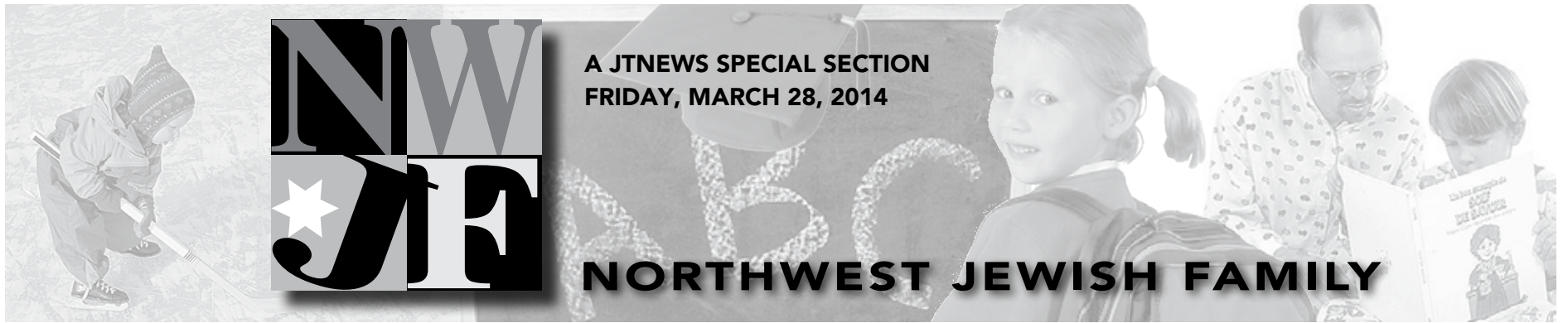


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A visit to the Magic Meat Kingdom

By Ed Harris



Abba Knows Best

Recently, my wife and youngest son, Izzy, went to Los Angeles on midwinter school break. The first day of our vacation was spent at Disneyland. While at the Magic Kingdom I reminisced about my first Disney experience, at Disney World in Florida, which took place on a spring break road trip from New Jersey with my best friend Howard in my senior year of high school.

Back then, as scruffy, long-haired teenagers, Howard and I were extremely frugal travelers. A few hours into our theme park excursion we sat down on a bench and each of us retrieved from our trusty army-surplus canvas knapsacks a can of sardines, an always-handy staple for cheap nutrition. As we sat holding our 39-cent dinners, a strong odor emanated from the oily fish.

I watched as an endless stream of wholesome families passed us, each of them probably wondering how such a pair of degenerates like us was even let into the park in the first place.

Today I'm part of that wholesome family crowd. While I've changed — a lot — over the years, some things in life never do. Entering Disneyland still requires a half hour of inexplicable processing at the front gate, same as in the old days. The main attractions, such as Space Mountain, the Matterhorn, and the animatronic President Abraham Lincoln remain timeless classics. The only recent innovation appears to be a new food item: Roasted turkey legs, about the size and shape of a caveman's club, and Neanderthal-like in appearance.

The visit to Disneyland and the ubiquitous turkey apparently whetted Izzy's appetite for meat. So the other highlight of our Los Angeles vacation was the opportunity to visit



Brian Zimmers/Creative Commons

Who let this guy into Disneyland?

by the Torah, so the rules of kashrut don't make much of an impact for the parental units in our family.

But our youngest son, Izzy, despite his Guatemalan heritage, is a true meat-and-potatoes American. Like most kids, he has many complaints about how things are run at home, a few of which I have to admit are valid, such as the extremely infrequent appearance of meat on the family dinner table, an event that occurs about as often as a solar eclipse. Actually, to be completely candid, most of his kvetching is valid. In a family of three kids, the last

of the offspring to arrive on the scene is typically raised by parents already worn out by years of child-rearing toil and stress. My favorite daytime activity nowadays is taking a nap: I wouldn't be fully satisfied with me as a father, either.

Izzy would tell you our meals on Pico Boulevard were worth every single minute of the three-hour round trip drive from our Anaheim hotel. Los Angeles is amazing: it has year-round sunshine and a wide choice of kosher meat restaurants. I realize Seattle's geography prevents us from having the spectacular climate enjoyed by our Southern California Jewish brethren. Is it asking too much for there to be at least one local dining establishment in the Emerald City where you could get a kosher brisket sandwich and a can of Dr. Brown's Cel-Ray soda?

To a vegetarian like me, the sight of so many people at Disneyland holding those huge poultry appendages seemed like a throwback to more primitive times, when

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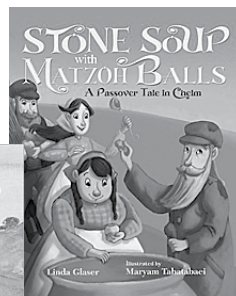
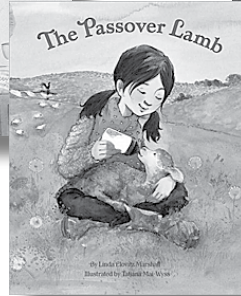
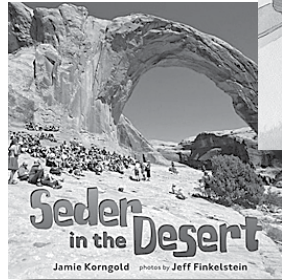
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Celebrating Passover — outdoors and in

By Rita Berman Frischer

Seder in the Desert (Lerner Publishing) shares a new vision of holiday celebration written by Rabbi Jamie S. Korngold, founder and spiritual leader of The Adventure Rabbi: Synagogue Without Walls. Korngold lives in Boulder, Colo., with her husband, noted photographer Jeff Finkelstein, whose stunning cover depicts people resting in the desert framed by a dramatic stone arch and blue sky, evoking parallels to the Biblical Exodus. The image reminds me viscerally not just of my years in the dry San Fernando Valley, but more happily of the exciting Temple Youth Group Passover expeditions that were an unforgettable part of Pesach for my two daughters each year.

For Jewish families in the great, green Northwest, the landscape might not be as familiar. But the outdoor sensibility certainly will be, as a group of families follow Rabbi Jamie into Moab, Utah to physically recreate the going out together. They hike, they help each other, and they schlep — the Torah, carefully, in a backpack, the food and the supplies. They climb, they observe, they thirst and, finally, they arrive and set up. Pictures of participants help explain the symbols. Like Miriam, the people dance with tambourines and sing. The image of everyone sitting on the ground ready to begin eating is like a time warp — except for the clothes. Miriam's cup reminds everyone of the legendary well that followed to slake desert thirst they now have personally experienced. As the group turns back, to celebrate Havdalah and sing beneath a full moon, Finkelstein's pictures, light and dark, help all ages



feel part of the night, the adventure and the history.

To my delight, Rabbi Jamie has also lent her distinctive approach and her two daughters, Sadie and Ori, to a picture book, "Sadie's Lag Ba'Omer Mystery," which introduces this oft-overlooked "scholar's holiday" and solves its mystery for Sadie — and for the rest of us. Setting it in relation to Purim and Pesach, Rabbi Jamie tells us all the things we don't do on Lag Ba'Omer, the historical reason why we do the things we do, and the historical figure,

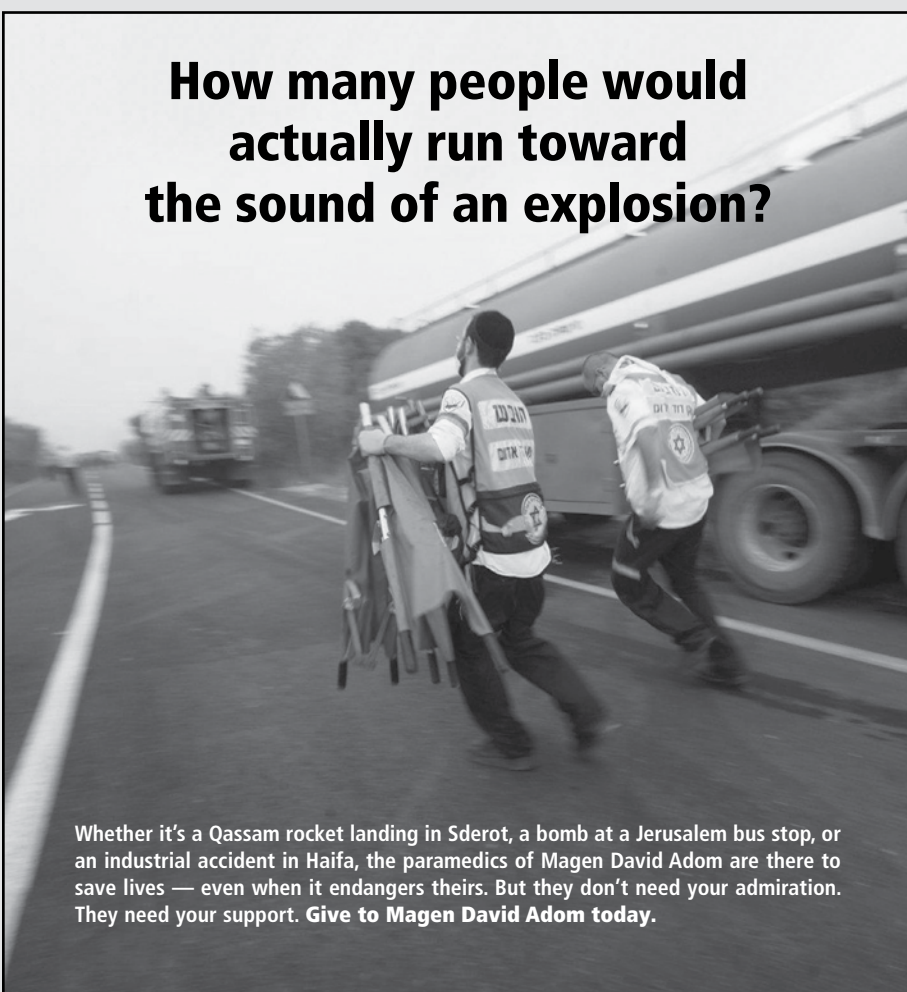
Rabbi Shimon Bar Yochai, we honor. As a librarian, I got a kick reading about Sadie and Ori trying to find a library picture book explaining Lag Ba'Omer. There wasn't one, really, until their mom decided to write it.

Julie Fortenberry's paintings are lively and fun, leaving no mystery as to why this holiday is worth reading about and celebrating. One of my peak Jewish memories was being in Israel on Lag Ba'Omer with friends who took us to Mt. Meron. We watched as hundreds danced at the rabbi's grave and as 3-year-old boys were shorn of their baby curls in a traditional ceremony, leaving babyhood behind (Kar-Ben).

In **The Littlest Levine** by Sandy Lanton, illustrated by Claire Keay (Kar-Ben), Hannah desperately wants not to be the baby of her family. Too little for school, too little to light Hanukkah candles, she hates being the littlest. But Hannah's grandpa promises that her day will come. After Purim, he takes her off each evening

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to study. Then, on Passover, when the candles are lit and everyone is reading from the Haggadah, Hannah's day does come: She is just the right size and age to ask the Four Questions — and perfectly, too.

Young Miriam, in *The Passover Lamb* by Linda Elovitz Marshall (Random House) is feeding chickens on the family farm, busily practicing "Ma nishtana..." for the first seder at her grandparents' house, when she discovers that their sheep, Snowball, is giving birth. After triplets are born, two lambs begin nursing but the third one must be fed with a bottle if it is to survive. Miriam doesn't want to miss the seder, but how can she save the lamb? Then she remembers Baby Moses in his basket and figures out what to do.

Miriam is obviously more clever and more generous than the worried residents faced with a hungry stranger in Linda Glaser's *Stone Soup with Matzoh Balls: A Passover Tale in*

Chelm with illustrations by Maryam Tabatabaee (Albert Whitman & Company). Based on the classic fable dating back hundreds of years, Glaser brings her enterprising stone-toting stranger into the equally fabled town of Chelm on the day of the first seder to see what happens. Will the people act in accordance with the Haggadah's "Let all who are hungry come and eat?" Not until the stranger offers to show them how to make soup from his very special stone. All it takes is a pot and water. Maybe some onions? Salt? Celery? Chickens? Carrots? No problem. With the eager participation of everyone in the village, there's soon enough delicious soup to let all who are hungry come and eat — together.

"That's some stone," the people exclaimed.

"It's a miracle — right before our eyes," said the rabbi as he stroked his beard.

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◀ NYHS GALA PAGE 7

anniversary banquet on March 9, themed “It Takes a Community.” According to

Rivkin, nearly 85 percent of those in attendance were parents of current students, grandparents or school alumni.

“It takes the support of a very, very broad community,” said Rivkin. NYHS is currently displaying its history,

starting from the 1970s, with descriptive poster boards throughout the school’s halls.

◀ M.O.T. PAGE 8

“an amazing experience, [yet] I didn’t really know what it meant to be Jewish.” Though the school taught Hebrew songs, stories and Israeli dancing, it “was pretty secular,” she says.

Arriving here, she first attended Seattle Hebrew Academy then public school, and finished high school through the Running Start program at North Seattle Community College, where she helped form a

Jewish club.

A founding member of the now-defunct Ravenna Kibbutz, Masha started baking there. “I learned by watching my housemate, Joel,” and by reading.

The 30-year-old North Seattle resident bakes for Shabbat almost every week, whether she’s hosting a dinner or will be a guest. “I’ve figured out [how] to work it into the work day,” she says, sometimes bringing her dough to work to rise. It’s a living thing, we agreed, no different than

bringing your dog to work. “This is my pet challah dough,” she laughs.

The next challah class will be held at Montlake Community Center in May. Contact the center for more information.

See all challah and pita baking classes at jewishsound.org/calendar.

3 Short Takes: Temple De Hirsch Sinai has announced the hiring of two new rabbis, **Rabbi Jaclyn Cohen** will join as the temple’s assistant rabbi, while

Rabbi Micah Ellenson will join as assistant rabbi and the temple’s director of congregational learning. Both will begin on July 1.

Grants management specialist **Leslie Silverman** has joined Philanthropy Northwest’s The Giving Practice as an associate partner, coming off of extensive work with local family foundations as well as a stint at the Bill & Melinda Gates Foundation.

◀ WHAT’S YOUR JQ? PAGE 11

our Independence Day! The upbeat song “Dayenu” is a centerpiece, an ultimate national proclamation of gratitude, dayenu meaning, “it would have been enough.”

In his Hagaddah, Chief Rabbi Emeritus Lord Rabbi Jonathan Sacks explains it this way:

This series of praises with the refrain, Dayenu, enumerates the kindnesses of God to His people on the long journey from slavery to freedom. The number

fifteen — the acts the poem enumerates — has a deep association with thanksgiving, reminding us of the fifteen Psalms which bear the title Shir Ha’maalot, “A Song of Degrees” and the fifteen steps in the Temple on which the Levites stood as they sang to God.... It is as if the poet were saying: where our [ancestors in the desert] complained, let us give thanks.... As Hegel points out, slavery gives rise to a culture of resentment, a generalized discontent, and the Israelites were newly released slaves. One of the signs of free-

dom is the capacity for gratitude. Only as person can thank with a full heart.

The suggestion for a focused seder this year? You might highlight moments of gratitude throughout the seder: Gratitude for four different kinds of children, thankfulness for being able to live in freedom and be able to ask four questions, and even appreciation for the ability to raise our glasses four times! Why not embrace the theme of gratitude throughout the evening by encouraging participants to express their own personal gratitude. Hassidic

sages were known to go quickly through the set text of the Hagaddah and then move on to their own personal stories of redemption so as to arrive at genuine gratitude. The sky’s the limit, we have all night — let’s make this night different from all others and start a thank-you movement!

Rivy Poupko Kletenik is an internationally renowned educator and Head of School at the Seattle Hebrew Academy. If you have a question that’s been tickling your brain, send Rivy an e-mail at rivy.poupko.kletenik@gmail.com.

March 28, 2014

the shouk @JTNEWS

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A master scholar will help make Torah more 'user-friendly'

JANIS SIEGEL JTNews Correspondent

Capping a year-long effort to repair and re-scribe its Torah for its 10th anniversary celebration, Congregation Kol HaNeshamah will welcome master Bible scholar and Brandeis University's Dora Golding professor of Biblical studies Prof. Marc Zvi Brettler as its scholar in residence during the last weekend in March.

Brettler, who has written over 40 scholarly books on the Hebrew Bible, was the associate editor of "The Oxford Encyclopedia of Books of the Bible" (Oxford University Press, 2011), and won a National Jewish Book Award in 2004 for "The Jewish Study Bible" (Oxford University Press) uses the historical-critical method to give readers a sense of place and time.

"I am much more interested in the Bible as story than as history," Brettler told JTNews via email from his Waltham, Mass. office. "I think it is a mistake to view much of the Bible as history in our sense.

"My main point is that the Bible has been and should be a central text within Judaism," he said. "For some this is a spiritual stance, for some, an intellectual one, and for others, both."

Brettler believes that modern Jews often ignore traditional religious texts and miss the opportunity to better understand themselves, our civilization, and a wider perspective on the evolution of the Jewish religion.

"Too many people have never read the Bible — certainly not beyond the Torah," said Brettler. "Many Jewish adults whom I have taught over the past decades think that the Torah is the entire Bible and do not understand the importance of the prophets and the writings, which are as much part of the Bible as the Torah."

The would-be revivalist and Orthodox Jew is not bent on conversion, nor is he looking to proselytize, but he wants his Seattle message, "Why Should (Modern) Jews Care about the (Ancient) Bible?" to cause his audience to rethink its relationship to the holy tome.

"Even though it is, in places, a deeply problematic book, is not a book in our sense, contains many, many perspectives that conflict, and is a very ancient book," said Brettler, "it is crucial to read it and engage with it to inform contemporary Jewish life."

As KHN prepares to dedicate its renovated sacred scroll in June at its West Seattle synagogue, its spiritual leader Rabbi



COURTESY BRANDEIS UNIVERSITY

Brandeis University Prof. Mark Zvi Brettler.

Zari Weiss told JTNews that Brettler's work can help make the Torah more "user-friendly."

"Dr. Brettler's scholarship and approach offer our community an opportunity to find new ways to access the Torah and prophetic writings with great depth and breadth," she said.

In his 2005 book "How to Read the Bible," Brettler garnered editorial accolades for his ability to acquaint readers with often esoteric texts, making sense of religious and historical volumes by setting those within the time, history and culture that produced them.

"In certain cases," wrote Brettler in an article "The Order and the Ordering of Biblical Books" on MyJewishLearning.com, "the scribes put several books in a single scroll — and in a particular order. This was true of the Torah, which needed to be ordered because Jews read it ritually in order, as part of their worship."

"Similarly," continued Brettler, "the scribes grouped Joshua, Judges, Samuel, and Kings in sequence, since they tell a

more or less continuous story in chronological order. However, for the rest of the Bible, even in Rabbinic times, there was a varying order of the prophets (except for the minor prophets) and the writings."

Weiss has been preparing the Reform congregation for what she hopes will be another milestone in its growth by offering discussion groups and classes on Hebrew language. Congregants grappled with questions concerning the sacredness of the Torah and how to preserve their progressive outlook.

Rabbi Simon Benzaquen, a Torah scribe and rabbi emeritus of Sephardic Bikur Holim Congregation, led the Torah rehabilitation project, helping individual members to painstakingly set down each Hebrew letter.

"It gave us an opportunity to participate in the restoration ourselves, and to learn much more about how the Sefer Torah is written," Weiss said.

In 2014, six Biblically based films will be released, including "Son of God," "God's Not Dead," and the mass-market "Exodus," leaving Brettler encouraged.

"I believe that approaching the Bible intellectually can enhance an individual's religious experience," he said.

◀ ABBA KNOWS BEST PAGE 19

our early hominid ancestors roamed the African savannah as hunter-gatherers, without the benefits of showers, flush toilets or cable television. The turkey limbs are enormously popular, as every other park goer seemed to be holding one.

As I watched the primitive-looking turkey-leg swingers pass me by I was

consumed by a single question: How did they let those people into the park in the first place?

Ed Harris, the author of "Fifty Shades of Schwarz" and several other books, was born in the Bronx and lives in Bellevue with his family. His long-suffering wife bears silent testimony to the saying that behind every successful man is a surprised woman.

How do I submit a Lifecycle announcement?

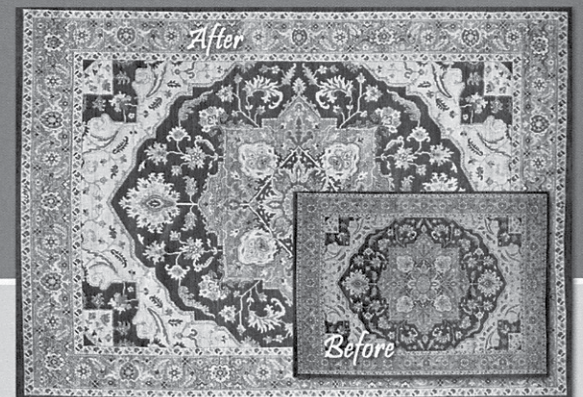
E-mail to: lifecycles@jtnews.net Phone 206-441-4553 for assistance.

Submissions for the April 11, 2014 issue are due by April 1.

Please submit images in jpg format, 400 KB or larger. Thank you!

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Treblinka: Hitler's Killing Machine
March 29 at 8 p.m.
Television

Caroline Stury Colls led a team of archaeologists to Treblinka, where over the course of six years they discovered new evidence of mass murder on a scale much larger than documentation has shown. As part of the Smithsonian Channel's month-long "Women in Science" series, "Treblinka" follows Sturdy Colls on this chilling excavation and tries to answer questions that have gone unanswered for seven decades. On the Smithsonian Channel.



Thursday, April 10 at 9 p.m.
Israel: The Royal Tour
Television

This one-hour special, hosted by veteran journalist and CBS news and travel editor Peter Greenberg, takes viewers on an intrepid tour of Israel led by none other than Prime Minister Benjamin Netanyahu. By helicopter, ship, dune buggy, raft, and bicycle, the two travel around the country and sit down for frank discussions on the political realities. It should be worth it just to see the prime minister mud-splattered at the Dead Sea and hanging out after hours at a Tel Aviv club. Premieres on KBTC in Tacoma.

Sunday, April 6
at 3:30 p.m.
Kim Maguire and the Blue Fedoras
Music

The David Israel Performing Arts Series presents Kim Maguire and the Blue Fedoras, a local musical amalgam whose goal it is "to move away from the standard arrangements and create big, fat, energy-filled music as well as intimate moments that really speak to the soul."

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Pop-Up Cultural Heritage Exhibit:
Setting a Place at the Table for
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Exhibit

This walk-through, temporary exhibit presents Jewish culture and religion in a physical, show-and-tell format. The space features maps, books, photos, sculptures, and artifacts charting the last 65 years of Jewish history, and a reading area with children's books. On Tuesdays at noon, a member of the Jewish Genealogical Society of Washington State will be on hand to answer questions. Closed April 15 and 22 in honor of Passover. A project of Storefronts, Shunpike, JKick, and the City of Bellevue. At Bellevue City Hall Pavilion in City Hall Park, 450 110th Ave. NE, Bellevue. The exhibit will be viewable from the plaza through May 31. For more information contact anne@shunpike.org.

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